

Fair Isles Winter Block 3

Breath of Spring

12" x 12" (12-1/2" unfinished)

Foundation Pieced Pattern by Morning Glory Designs



Cutting List:

This block is foundation pieced. The cutting list has already added 1/2" or more seam allowance around all pieces to allow for foundation piecing. Label all pieces with the letter shown.

From white on white print:

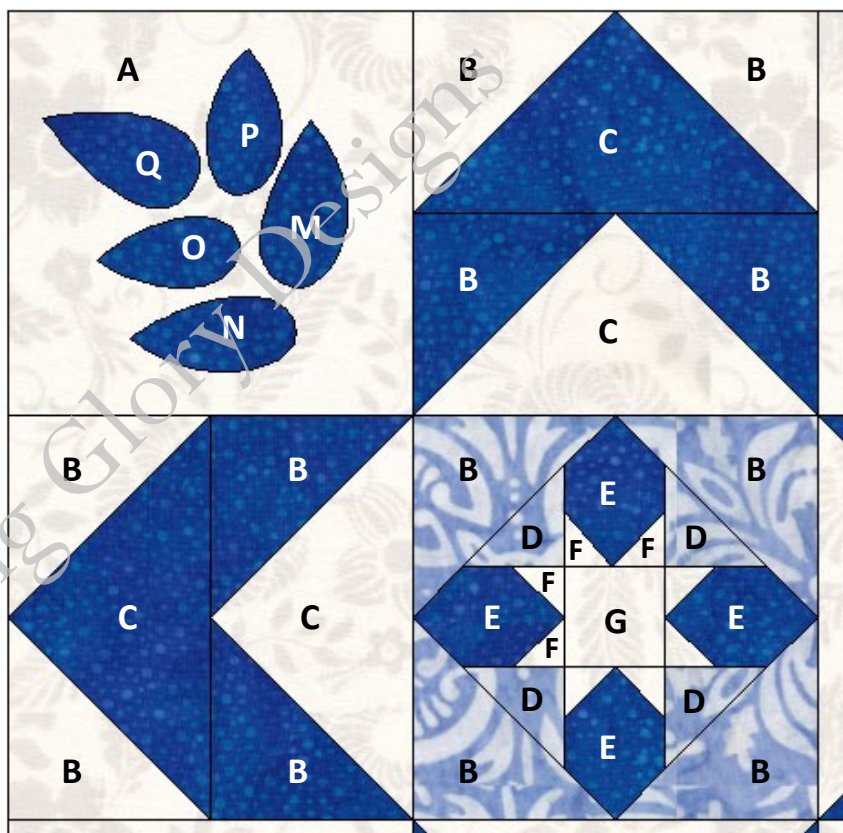
- Cut 4 squares 5" x 5" (A)
- Cut 4 squares 3-3/4" x 3-3/4". Cut once on the diagonal to make 8 white triangles (B)
- Cut 1 square 7" x 7". Cut twice on both diagonals to make 4 white triangles (C)
- Cut 4 squares 2" x 2". Cut once on the diagonal to make 8 white triangles (F)
- Cut 1 square 1-3/4" x 1-3/4" (G)

From Dark blue batik:

- Cut 4 squares 3-3/4" x 3-3/4". Cut once on the diagonal to make 8 dark blue triangles (B)
- Cut 1 square 7" x 7". Cut twice on both diagonals to make 4 dark blue triangles (C)
- Cut 4 rectangles 1-3/4" x 2-1/4" (E)
- Trace 2 copies of each leaf template, using the templates provided, onto the backing of your fusible web. Reverse the templates and trace 2 more copies of each template onto the backing of your fusible web. Fuse onto dark blue batik and cut out on the traced lines. (M, N, O, P, Q)

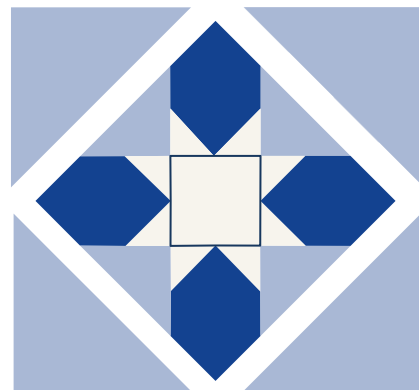
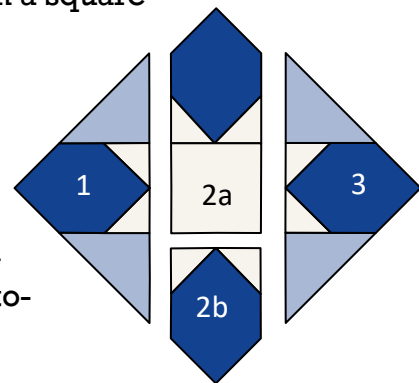
From light blue batik:

- Cut 2 squares 3-3/4" x 3-3/4". Cut once on the diagonal to make 4 light blue triangles (B)
- Cut 2 squares 2-3/4" x 2-3/4". Cut once on the diagonal to make 4 light blue triangles (D)

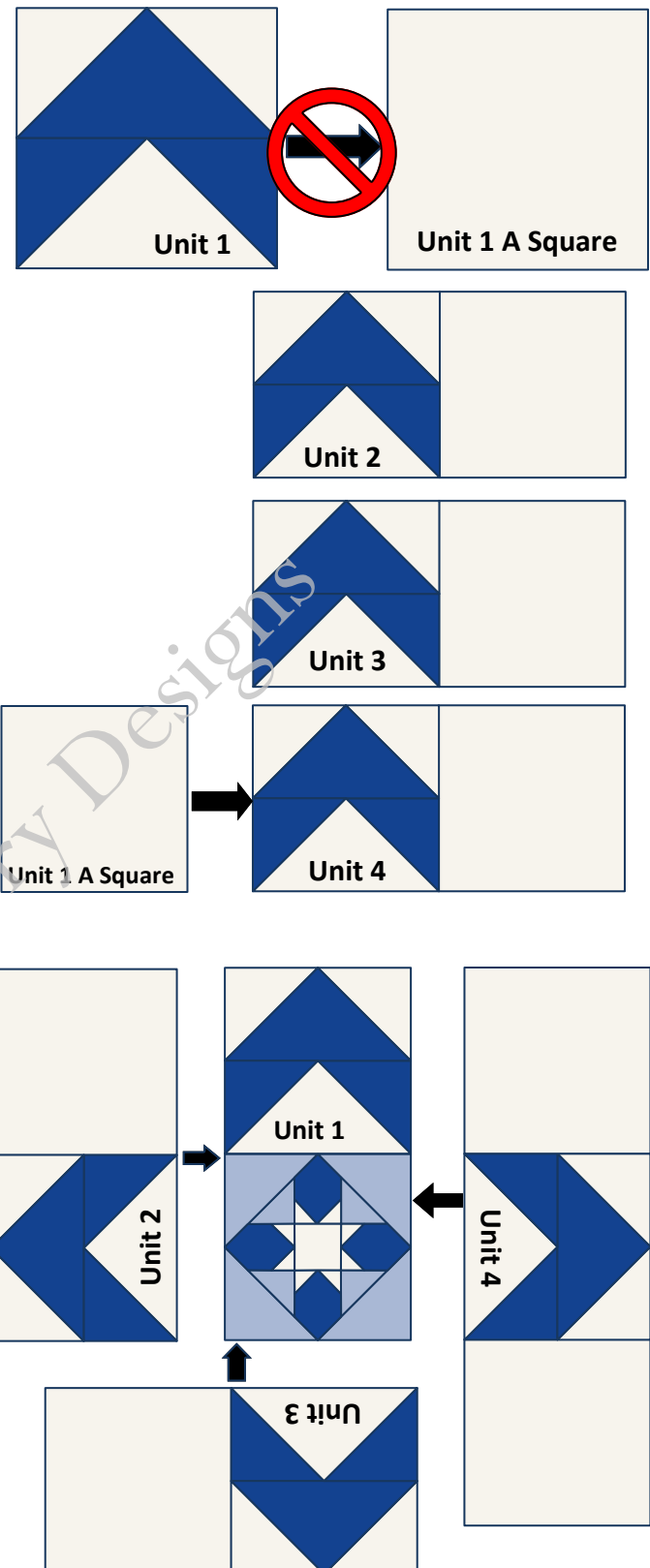


Instructions:

1. Print 1 copy of the 4-page foundation pattern on light-weight paper, velum, or newsprint paper. Check the 1" test squares on each pattern page to be sure that the foundations have printed out at 100%. Even the tiniest error will decrease the overall size of the completed block.
2. Label each foundation pattern with the fabric color for each patch. Remember that foundation patterns are reversed! So the printed side of the pattern will be the back of the block.
3. Piece all similar foundations at one time, chain piecing using the pre-cut patches.
4. Pin the fabric right side up to the unprinted side of the foundation.
5. Sew on the printed side of the foundation. (This pattern assumes you know how to foundation piece. If you are new to foundation piecing, please watch one of the many excellent YouTube video demos on the technique before beginning. Here are some links: Connecting Threads: <http://www.connectingthreads.com/tutorials/Learn how to Paper Piece D61.html>; and another example on my blog: <http://blog.morningglorydesigns.net/2016/11/day-5-of-rubys-treasures-blog-hop.html>.)
6. Piece each foundation section, pressing as you go.
7. When all sections are pieced, trim the foundation on the outer cutting lines. You should have a full 1/4" seam allowance on all sides from the inner sewing lines.
8. This is a 9-patch sewn a bit differently. The flying geese units with a square attached will go around the center pieced star. Then each flying geese unit is sewn around the square.
9. As you join the sections be sure to sew on the dark sewing lines. Press seams open. Trim on the outer cutting lines.
10. Foundation piece all of the Star units on the sewing lines. Trim on the cutting lines. Sew Star unit 2b to Star unit 2a. Press the seam toward unit 2a.
11. Sew and trim Star units 1 and 3. Sew these pieced triangles (Star units 1 and 3) to either side of Star unit 2, matching seams. Press seams open.
12. Use a glue stick on the back of the four light blue B triangle papers, then stick onto the back side of the light blue batik. Trim the triangles on the cutting lines. Use a pin to hold the fabric to the paper if the glue doesn't seem to hold it well.
13. Sew the four light blue B triangles (Star units 4, 5, 6, 7) around the sides of the pieced center (Star Units 1, 2, 3) on the sewing lines. Press seams toward the triangles. Trim on the cutting lines.

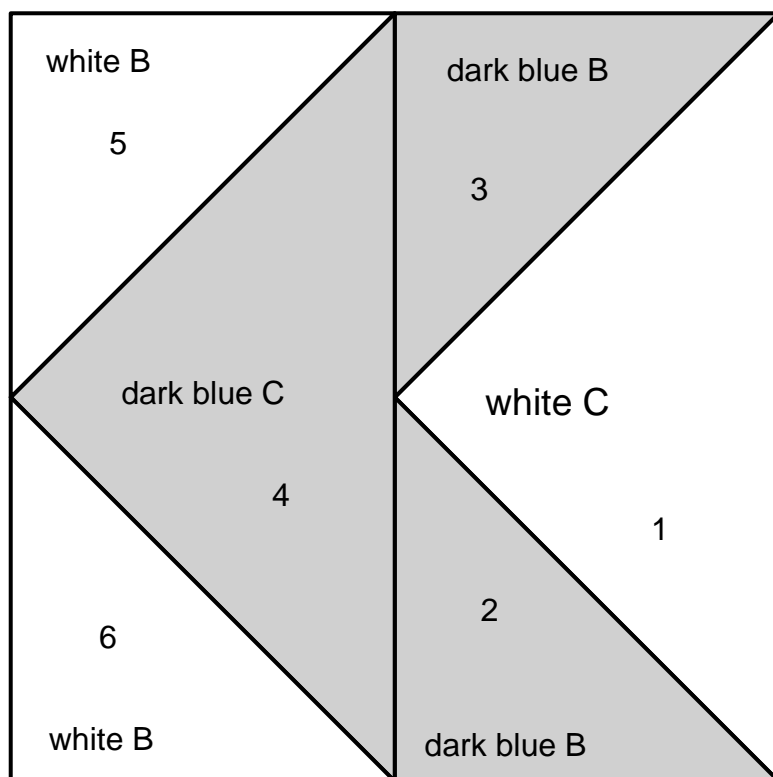


14. Foundation piece the four flying geese units using the pre-cut patches. On the first flying geese unit (unit 1) **DO NOT ATTACH THE A SQUARE**. Save this square and sew it to the other side of flying geese unit 4. This will save you having to sew a partial seam.
15. Trim Unit 1 adding a quarter inch seam allowance where the A square would have been.
16. Sew unit 1 to the Star center block with the C triangles pointing up.
17. Sew unit 2 to the side of unit 1 and the star center block, matching seam. Press toward unit 2.
18. Sew unit 3 to the bottom of the units 1 and 2 matching seam. Press to unit 3.
19. Sew the unit 1 A square to the unit 4 flying geese unit. Press and trim.
20. Sew unit 4 to the side of units 1, 2, 3. Press the seam open.
21. When all sections are joined, carefully remove the paper by folding it back and forth and tearing along the seam lines. Remove any paper chads with tweezers.
22. Press the block with sizing or starch to restore its shape. If any seams loosened in the paper removal, resew them now.
23. Position the prepared applique leaves, to the white corner squares using the Applique Placement Guide provided. Fuse in place, one corner at a time.
24. Pin light weight tear away or wash away stabilizer to the back of the block. Edge stitch the applique in place using matching thread and a machine blanket stitch or satin stitch.
25. Remove the stabilizer and repress the block.
26. Finally, trim the completed block to 12-1/2" x 12-1/2".



Fair Isles Winter Block 3 Breath of Spring -- Foundation Pattern

Flying Geese Unit 1



1/4 seam line for Unit 1 only

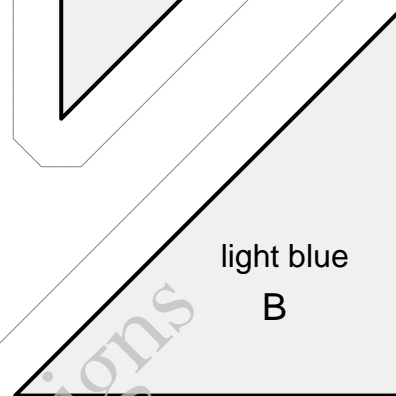
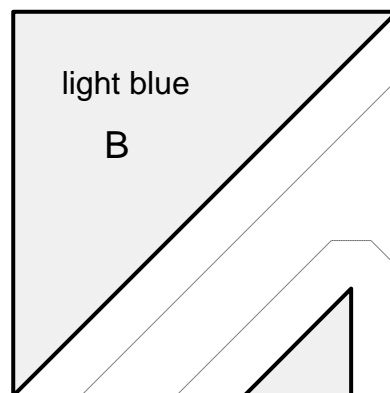
A 7

Do not sew square A to Unit 1

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12" block

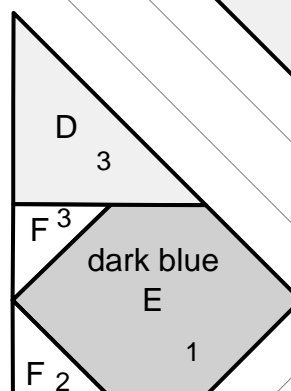
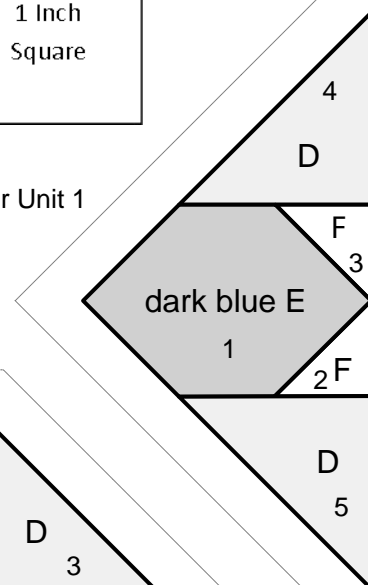
Star unit 6



Star unit 7

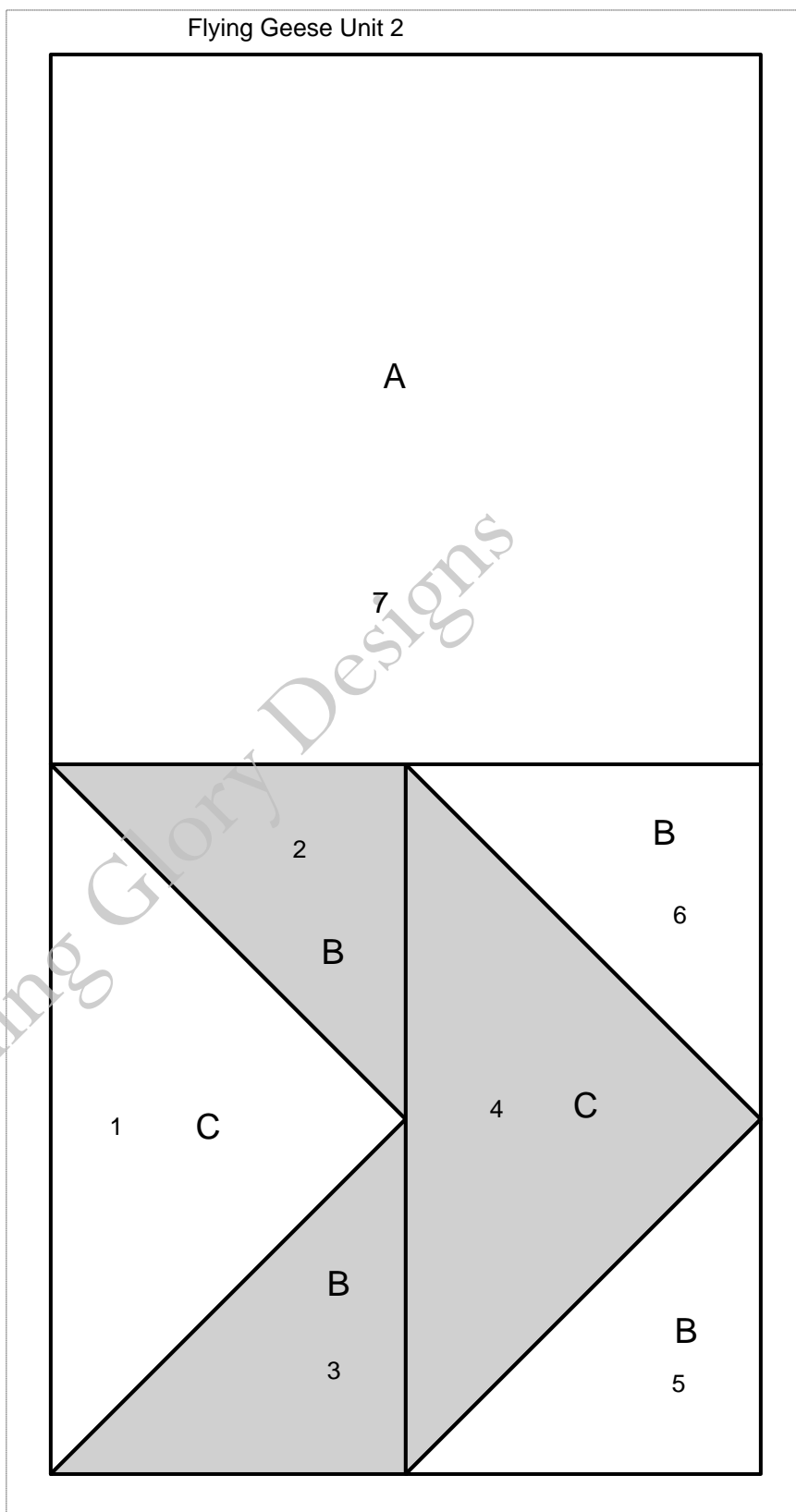
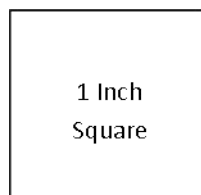
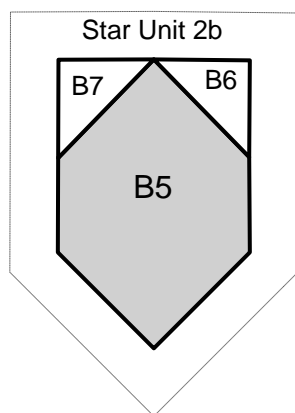
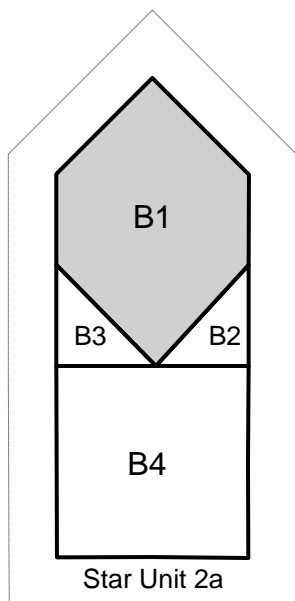
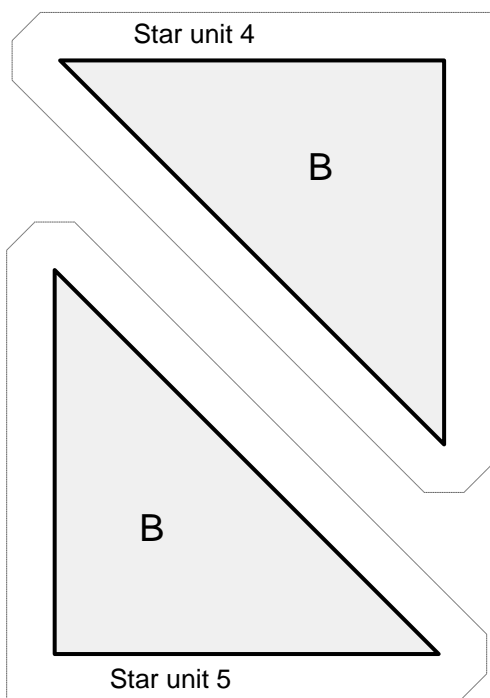
1 Inch
Square

Star Unit 1



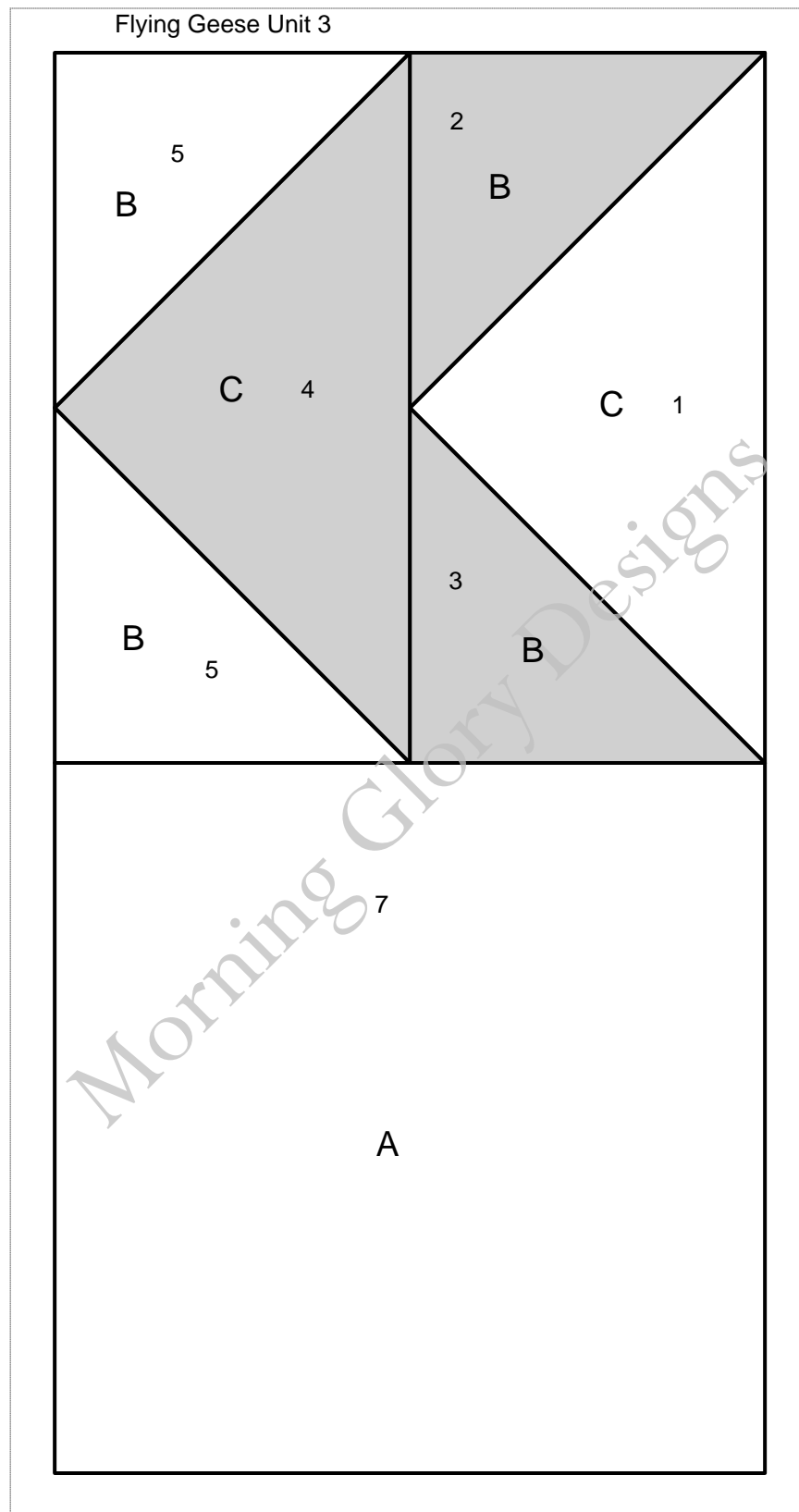
Star Unit 3

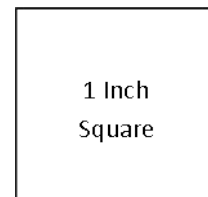
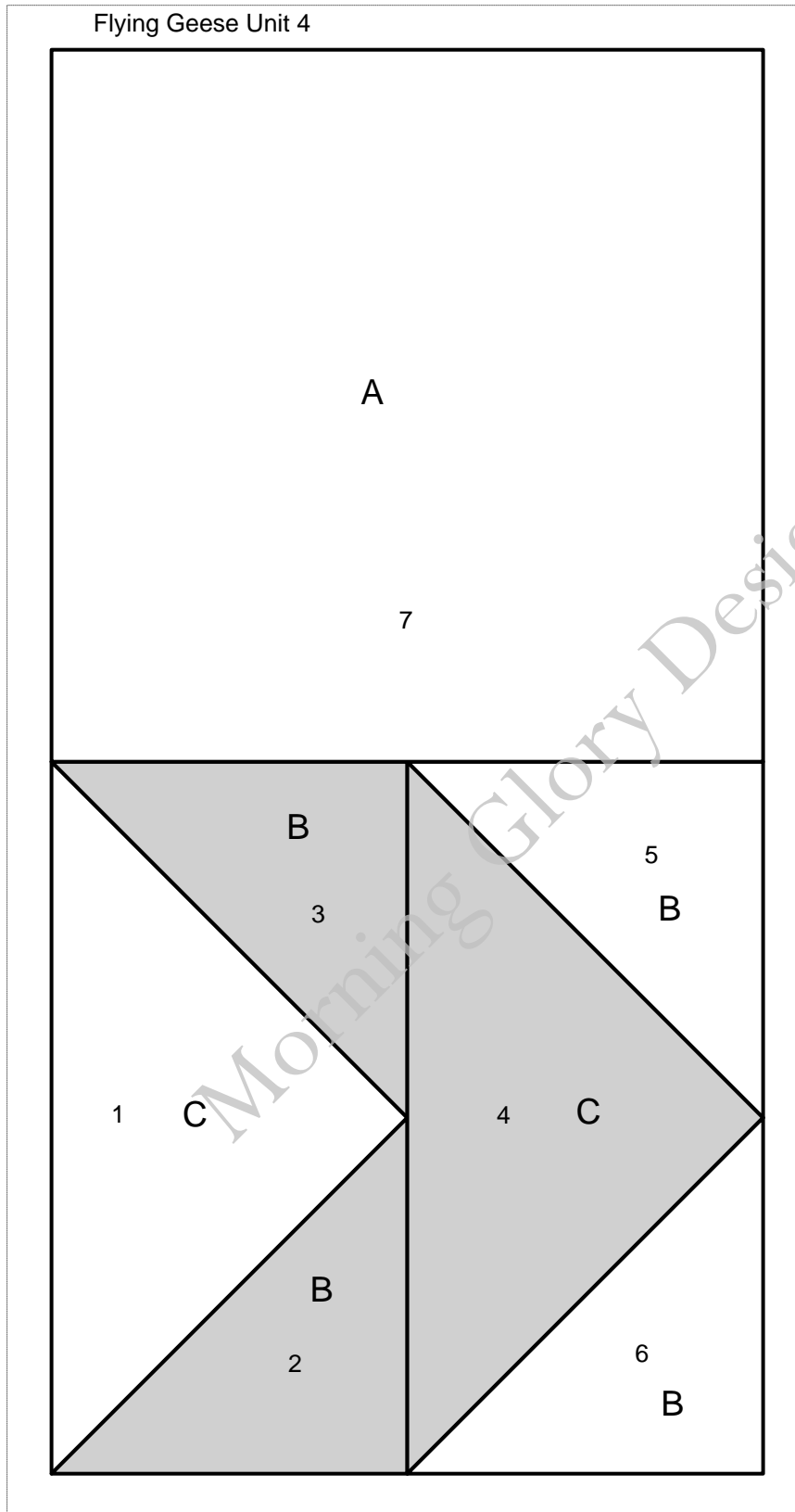
The letters inside each foundation correspond to the cutting list.
The numbers inside each foundation are the sewing order.
The Unit numbers outside each foundation provide a name for each unit, used in the block assembly instructions.

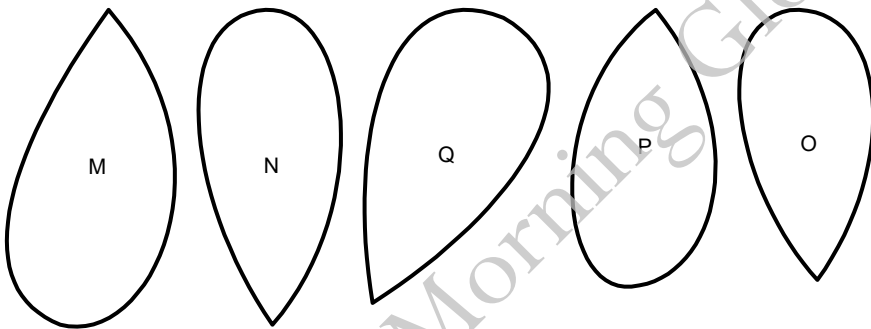
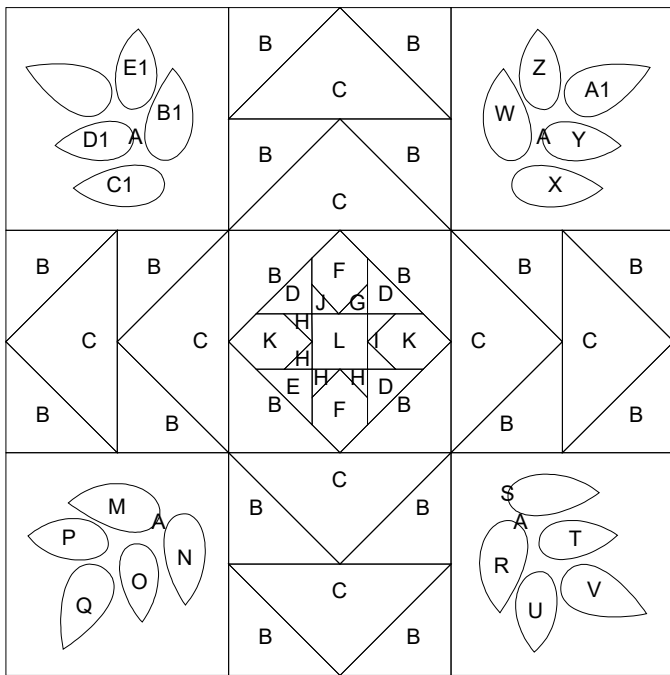


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Fair Isles Winter Block 3 Applique Layout Guide for the corner leaf motifs. 12" block

