

# Using PUL Fabrics

from our friends at Babyville Boutique by Prym-Dritz

## Sewing With PUL

PUL is a polyurethane laminated fabric that is waterproof yet breathable. Because of its leak proof properties, it is perfect when sewing for babies and toddlers. PUL has a fabric side and a laminated side. Either side is suitable as the “right” side; it just depends on the project. One caution: You can steam press PUL on the fabric side but **do not** use an iron on the laminate side of PUL as it will damage the fabric.

We suggest using size 11 Ballpoint or size 10/12 Universal sewing machine needles and a good quality polyester thread. You need polyester thread since cotton thread may allow wicking. All machines are different so do a “test run” on a PUL scrap before starting your project in order to adjust the stitch length or tension.

If you’re a beginner, we suggest starting with a diaper cover edged in FOE (fold over elastic). This type of diaper can fit over pre-folds or fitted diapers. Also choosing to use the EZ Adjust Tape™ as a tabbed hook and loop closure, is a great choice when first beginning to sew your stack of diaper covers. Depending on the diaper size and placement of your pattern on the fabric, you should get 6-8 diapers per yard.

## Caring for PUL

PUL can be laundered using warm water and a mild detergent. Do not use fabric softeners and only use bleach occasionally when needed for extra sanitation. Line dry or tumble dry on a low setting. PUL will not shrink so it is not necessary to prewash it before sewing. You may need to pre-wash other fabrics you are using in your projects, though. Fold Over elastic does not need to be pre-washed as it does not shrink.

It is very important to place your diapers in a hot dryer for 20 minutes after stitching to seal any holes made by the pins and needles. You can launder your diapers in warm water using any detergent suitable for diapers but do not add any fabric softeners. You can occasionally bleach them if necessary for extra sanitation, but repeated use can break down the lamination. After washing, you can hang to air dry or tumble dry on a low setting. If you use other fabrics as part of your diaper, make sure you read the manufacturers’ laundering instructions as well..

Babyville Boutique products meet or exceed Consumer Product Safety requirements for the US and Canada.



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