

Cheerleader Apron for Seahawk Fans

Designed by Anna-Beth at our Northgate store

Every Hawk Hostess needs a Seahawks Cheerleader Apron! Be the envy of the neighborhood in this cheer-y team colors kick-pleat beauty.



What You'll Need

- 1 yard lime cotton
- $\frac{7}{8}$ yard navy cotton
- Thread to match both
- $\frac{1}{4}$ yard of fusible web (Anna-Beth used EZ Fuse Lite by Pellon)
- Rotary cutter, mat, and ruler
- Pins
- Frixion marking pen
- Sewing machine

First, Some Cutting

From the lime fabric, cut:

- Five strips, 3" by WOF
- One strip, 4" by WOF
- Three rectangles, $6\frac{1}{2}" \times 14"$

From the navy fabric, cut:

- Two rectangles, $13\frac{1}{2}" \times 16\frac{1}{2}"$
- Two rectangles, 6" x 14"
- Two rectangles, $4\frac{1}{2}" \times 14"$

Making the Bib

1. Stack your $13\frac{1}{2}" \times 16\frac{1}{2}"$ navy pieces and fold with the shorter sides together, so you have a folded piece $13\frac{1}{2}" \times 8\frac{1}{4}"$. Put the fold on the 0" mark on your mat. Place your ruler so one end is at the $4\frac{1}{2}"$ mark on the mat and the other is at the bottom corner of your folded piece (away from the folded edge.)



2. Cut away the side triangles.



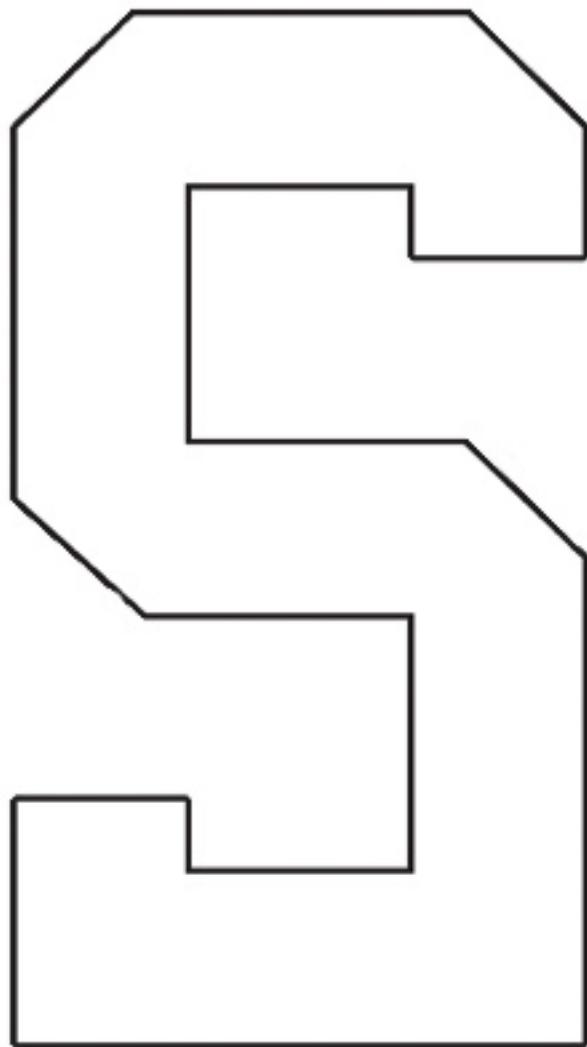
3. Unfold the fabric. This is your bib top and lining.



4. Trace the "12" onto the fusible web.



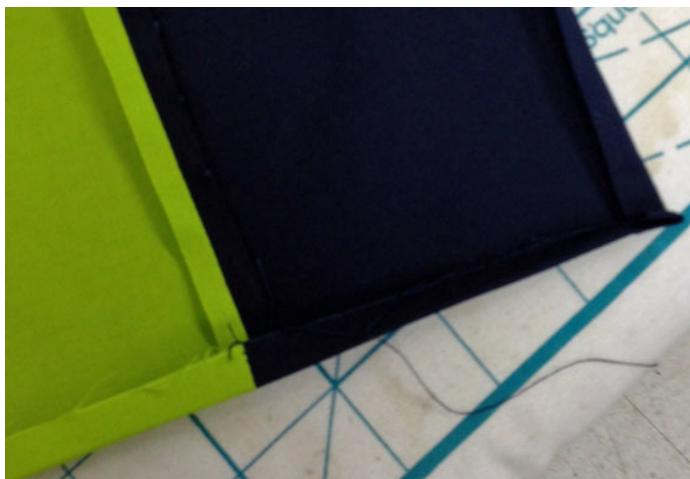
5. Adhere the fusible web to the back of leftover lime fabric and cut out the numbers. Peel off the paper and iron them to the center of the bib front.



- Take the single 4" strip of lime fabric and shorten to 22". Put long sides together and sew. Turn right side out and press flat. Being sure not to twist it, pin each end to the top of your bib $\frac{1}{2}$ " in from the top corners. Match your lining piece to the bib top, right sides together with the straps in between, and sew both sides and the top, securing the straps. Leave the bottom open for turning. Clip the corners, being careful not to clip stitching. Turn right side out and press.

Skirt Assembly

- Sew the 14" pieces together in the following order: navy $4\frac{1}{2}$ ", lime $6\frac{1}{2}$ ", navy 6", lime $6\frac{1}{2}$ ", navy 6", lime $6\frac{1}{2}$ ", navy $4\frac{1}{2}$ ". Press all seam allowances open.
- On wrong side, press side and bottom edge turning up $\frac{1}{4}$ ", then again $\frac{3}{8}$ ". Stitch close to fold, so hem is neatly enclosed.



- Fold along each seam line, wrong sides together, and press so each seam will have a crisp crease.



- Using a Frixion pen, draw a line down the center of each green portion on the right side (Frixion pens are awesome because they completely disappear with an iron!!)



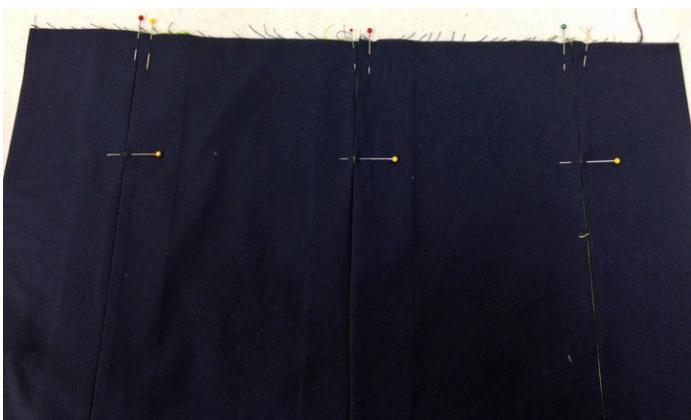
- Bring your creased seams together so they meet perfectly at the line you drew and pin in place. Press the heck out of it. Use steam. I used a Rajah pressing cloth, which is especially designed to set pleats.



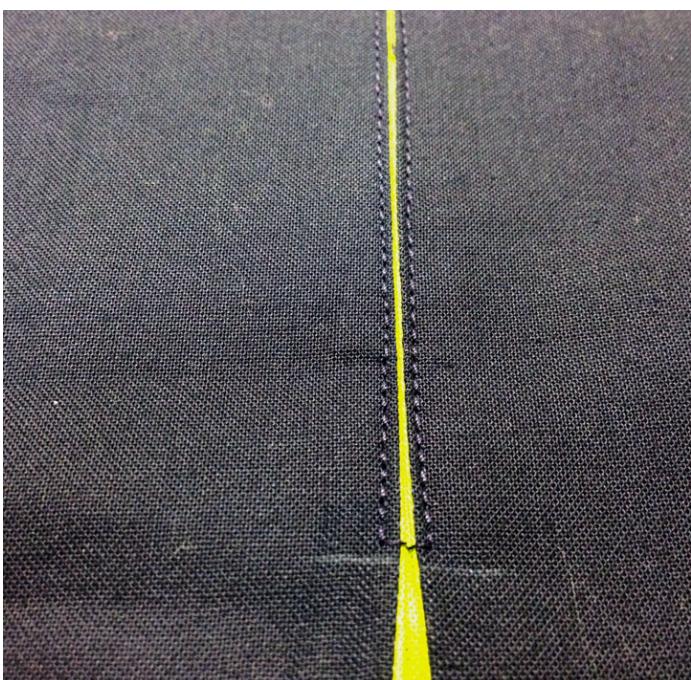
6. Flip and press the back.



7. Measure with your ruler 4" down from the raw edge top of your skirt piece. Use a pin to mark and hold the pleat down there.

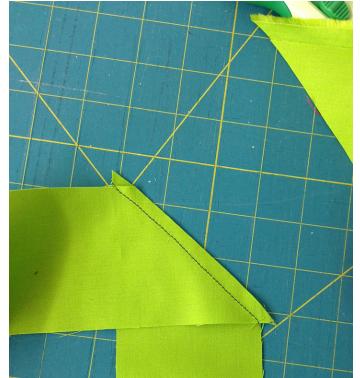


8. Sewing just next to each fold, sew from the top edge to the pin and back up to the top edge at the other fold.



Assembling the Sash

Cut one 3" strip of lime fabric in half at the fold. Take a long strip and place an end perpendicular to the end of one half strip. Sew diagonally, trim, and press seam allowances open. Repeat on the other end of the half strip. Repeat with the other half strip and two long strips to make two strips each approximately 100" long.



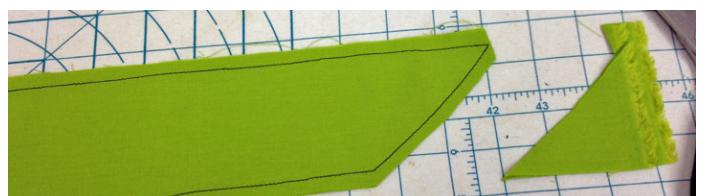
Putting It All Together

1. Fold a sash piece in half, finding the exact center. Match this center to the center pleat, matching the sash edge to the top edge of the skirt. find the center of the other sash piece and match up on the other side of the skirt. When you have the skirt centered and aligned between the sash pieces, pin in place and continue to pin the length of each sash, continuing around on both sides until you come back to the sides of the skirt. Place pins there and get ready to sew!



2. Beginning at one of the pins that was at the side of the skirt, sew all the way around a sash piece and back across the top, securing the skirt to the sash and continuing around the other sash piece, stopping when you reach the pin marking the other side of the skirt. If you like, sew the sash ends at 45° angles.

3. Trim corners of the sashes.



4. Turn inside out (Anna-Beth used a Turn-It-All to do this). Insert the tube portion into the open end.



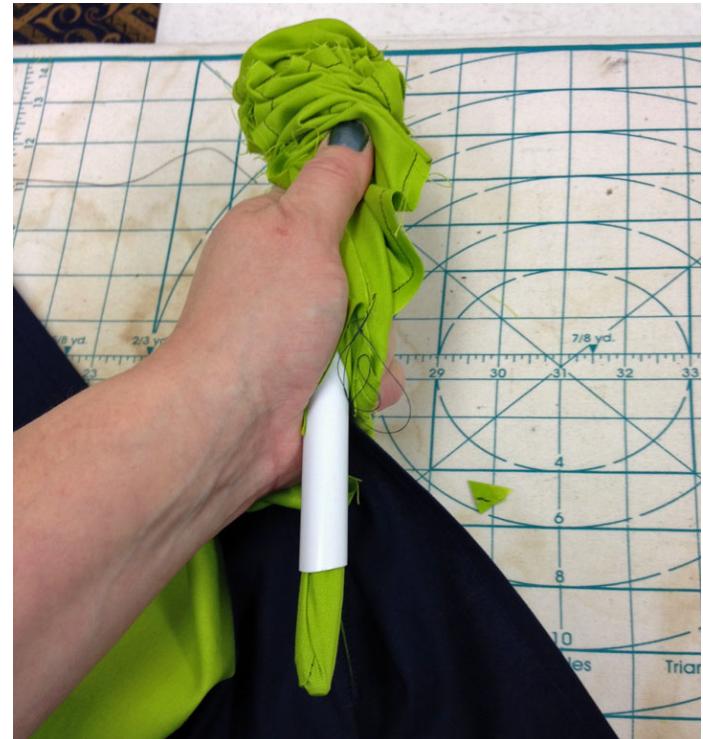
5. Gather until the end of the tube is at the tip of the sash.



6. Start pushing the fabric into the center of the tube.



7. When it comes out the other side, pull it through and slide out the tube.



8. Press sash flat and away from skirt on right and wrong sides. Press open edge down $\frac{1}{4}$ ".



9. Insert bottom edge of bib between sash layers and pin in place.



10. With lime thread, top stitch $\frac{1}{8}$ " from edge of sash all the way around, capturing the bottom of the bib and completing the apron.



GO HAWKS!!