

Knitting 101

Taught by: Lynda Stonack (Sundays) or Jan Morgan (Fridays)

“When are we happiest? According to psychologist Mihaly Csikszentmihalyi, it’s when our skills match the challenge. If everyone learned to knit, we would eradicate boredom. One of the joys of knitting is that we will never be bored again.”-Sally Melville

Learn basic knitting essentials — casting on, knit and purl stitches, and binding off. This class also covers how to: read a pattern, make simple increases and decreases, and determine gauge. Leave class with the confidence to make a project.

Welcome to the wonderful world of knitting and your new hobby. Waiting in the doctor’s office? You can knit. Watching TV? Knit instead of eating. Commuting to work? Have a sweater knit in a matter of months.

In this three-week class, you will learn to cast on, knit, purl, and cast off. You’ll learn several decreases and increases and how to change colors. You’ll receive a dishcloth and a scarf pattern. You will have a wonderful time!

Your supply list is simple. You’ll need some sticks and some string-or, as we professionals say, some needles and yarn. You can purchase your materials the first day of class. You’ll be using **size 7 or 8 needles and a worsted weight yarn in a solid light color**. That’s it! In subsequent classes, I’ll be showing you some great products that will help you as your skills grow.

If you have supplies at home, bring them to show the class, especially if they are old or if you don’t know what they are used for. I love that sort of thing! I urge you to buy a basic skill book, but first I want to talk to you about the ones that are out there. You will need to match your learning style with the teaching style of the book.

Come with an open mind and a willing spirit.

“Can’t means won’t...and won’t means ten pushups.”-Every P.E. teacher I’ve ever had

See you in class!

Lynda Stonack & Jan Morgan

All materials may be purchased at Pacific Fabrics with a 10% discount. Please mention that you are buying supplies for this class at the register to receive this discount.



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