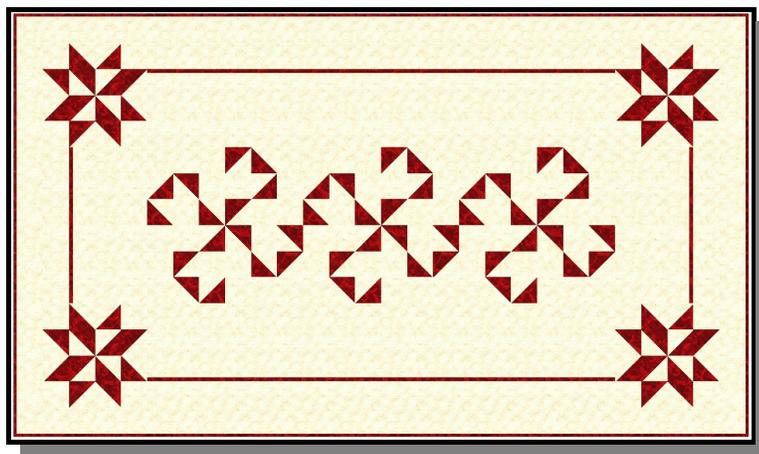


# Dance Steps



A free 56" x 32" table runner pattern from [Quiltbug.com](http://Quiltbug.com)

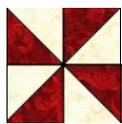
## Fabric Requirements

### *3/4 yard red*

- Cut three strips 1" wide by the WOF (width of fabric) and sew them end to end, mitering the join. Use the remainder to make 96 HSTs with your favorite method.

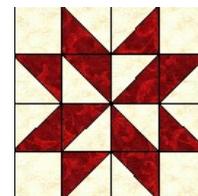
### *2 yards background*

- Cut twelve strips 2 1/2" wide by the WOF
  - Cut one strip into (16) 2 1/2" squares.
  - Cut four strips into (12) 6 1/2" x 2 1/2" rectangles and (12) 4 1/2" x 2 1/2" rectangles.
  - Cut two strips 2 1/2" wide. Cut each of these strips into 28 1/2" and 12 1/2" lengths
  - Cut two strips 2 1/2" wide. Cut each of these into 36 1/2" lengths
  - Cut three strips 2 1/2" wide and sew them end to end. Cut two strips 56 1/2" long.
- Cut three strips 6 1/2" wide. Cut these into two 36 1/2" lengths and two 12 1/2" lengths.
- Use the remainder to make 96 HSTs with your favorite method.

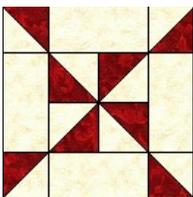


Make 4

Use your favorite method to make 96 two inch (finished) half square triangles. Square them up to 2 1/2" (unfinished) if necessary. Make 7 pinwheels like the one to the left. Press to the dark. Use four of these pinwheels and the HSTs to make four blocks like the one to the right. Press.



Make 4

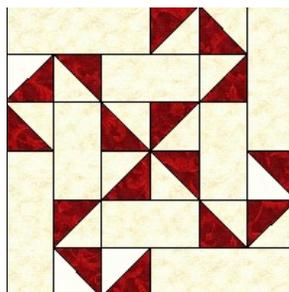


Make 4

Use three pinwheels, the 4 1/2" x 2 1/2" rectangles and the half square triangles to make a block like the one to the left. Use the remaining half square triangles and the 6 1/2" x 2 1/2" rectangles to make four units like the one to the right. Put them all together to make a block like the one below.

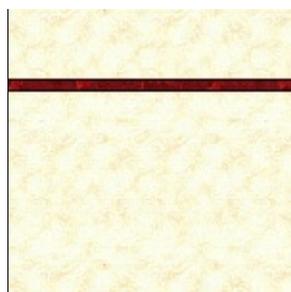
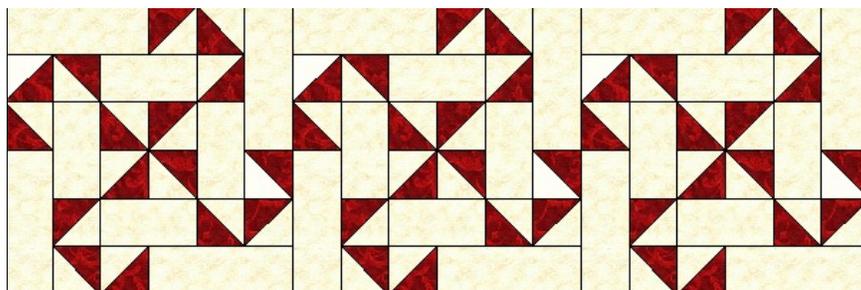


Make 4



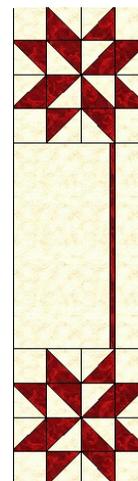
Make 4

Sew three blocks together like the one to the right. Press.

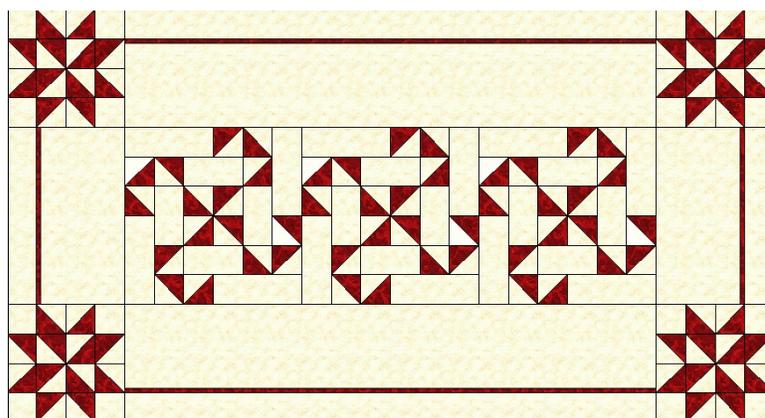


Fold the 1" red strip in half, wrong sides together. Sew it in the seam between the 2 ½" x 36 ½" strip and the 6 ½" x 36 ½" strip. It will provide a three dimensional effect on the top. Sew this to the top and bottom of the top you made above, matching the picture below.

Fold the 1" red strip in half, wrong sides together. Sew it in the seam between the 2 ½" x 12 ½" strip and the 6 ½" x 12 ½" strip. Sew a star block to either end of this unit, like the one to the right.



You are almost done! Sew these two sides to your quilt top and press.



To add the outer borders, sew the 2 ½" x 24 ½" strip to the sides of your table runner then sew the 2 ½" x 56 ½" strip to the top and bottom of your table runner. You're done! Now bat and back it and use it to practice your machine quilting.

Enjoy!

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