

August 2017

Volume 2, Issue 1

Senior News Letter

Lindon Community Center

Welcome



- Fun facts
- Senior Monthly Outing
- Weekly Activities
- Senior Bus
- Monthly Birthdays
- Thank you
- Highlights
- Spotlight

August 4 **Senior Movie at the Scera Theater**

August 7 Lindon Days Car Show

August 8 Huck Finn Fishing Day

August 9 **Senior Poolside Lunch**

August 10 Free swim days to Lindon residents

August 11 Jr. Rodeo

August 12 5k, Majors Breakfast, parade and fireworks show

Monthly Activities

Poolside Lunch, and Movie

Look inside for more
Information!

Senior Monthly Outing and Activities For More information feel free to contact Cyndi (801) 769-8627

Lindon Senior Poolside lunch

Date: Wednesday, August, 9th

Where: Meet at the Lindon City Pool

Time: 12:00noon

Please call by 1:00pm the day before to reserve your lunch and spot at the pool!

(You don't have to swim but we would love to have you there)

Family History
Class!



Every family has a story, We hope you find yours!

When: Mondays and Wednesdays

Where: Lindon Senior Center
Computer Lab

The Three Musketeers

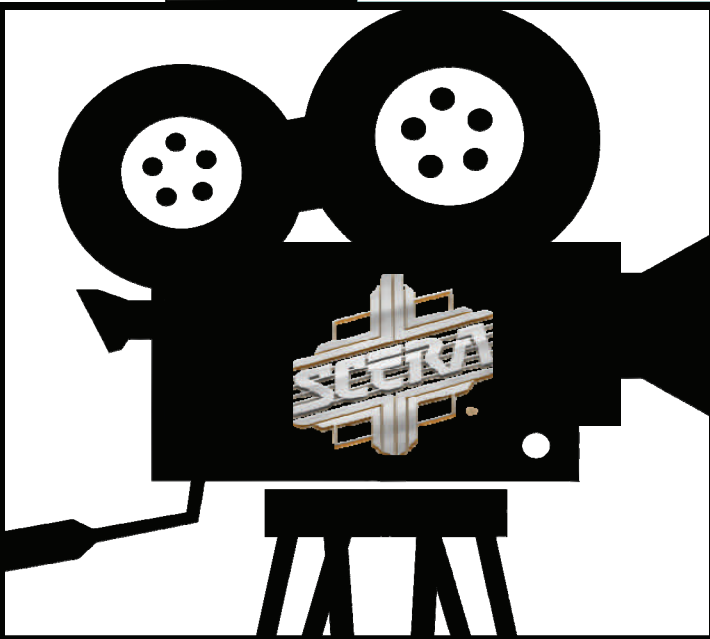
The three best of the disbanded Musketeers – Athos, Porthos, and Aramis – join a young hotheaded would-be-Musketeer, D'Artagnan, to stop an evil plot to form an alliance with enemy England by way of the mysterious Milady.

When: Friday, August 4th

Where: Lindon Senior Center

Leaving: 9:30 am on the Lindon Senior Bus

Price: Adults 2.00



Weekly Activities and Classes

Monday	Grocery shopping	11:00
Monday and Wednesday	Family History Class	12:30-1:30
Tuesday	Pickle Ball	10:00
Wednesday	TOPS	10:30
Thursday 2nd	Card Making with Bernie	12:30-2:30
Friday	BINGO	12:30
Thursday 3rd	Bunco	12:30

Free blood pressure screenings by Harmony Home 11:30-12:30 Second Monday

We have a Senior Bus!

We would love to provide transportation to and from the center! We would also like to offer transportation to the store or to doctor appointments on Fridays between 10:00-12:00 Please call the center for availability.

Call to schedule 801-769-8625.



Come eat lunch with us at the senior Center!

Please call or let the front desk know if you will be attending lunch by 1:00pm the day before. This insures that there will be enough for everyone

(801)769-8625

(\$3.00 donation is appreciated)



8-1 Dian Bricker
8-7 Gerald Haslam
8-8 Helen Rhoades
8-9 Barbra Crawley
8-11 Reese Mckinnon

8-13 Jody Harris
8-14 Mary Shirey
8-17 Marrell Barney
8-21 Bill Hardee
8-28 Jo Stires

Highlights For Last Months Activities

Living Planet Aquarium was a fantastic senior activity! Thank you for coming. We will be doing it again in the Fall!



Spotlight

Bill Dumas

1. Where do you live? Orem
2. How long have you lived there? 26 Years
3. How many children do you have? 7
4. What are your hobbies? Many
5. What is your favorite family vacation? Aspen Grove
6. What did you want to be when you were small? What I am today
7. What is your favorite game or sport to watch and play? Superbowl
8. Would you rather ride a bike, ride a horse, or drive a car? Drive a car
9. How many pillows do you sleep with? 2
10. What is your favorite holiday? July 4th
11. What's the most daring thing you've ever done? Fought in Korea



We would like to thank those who have generously donated to the Lindon Senior Center!

Avenue Bakery, Chipotle, Community Action, Kneaders, Starbucks, Tabitha's Way Local Food Pantry, Vanilla Bean



8/7 Monday	4:00 pm	Car Show	Lindon City Park
8/8 Tuesday	7:00pm	Night Out Against Crime/ Ice cream Social	Pioneer Park
8/8 Tuesday	Dusk	Movie In The Park	Pioneer Park
8/10 Thursday	12:30- 6:00pm	Free Swimming	Lindon Pool
8/10 Thursday	6:00pm	Flag Retirement Ceremony	Lindon City Park
8/11 Friday	6:30pm	Family Arena Events	Lindon Horse Arena
8/12 Saturday	7:30am	Majors Breakfast	Lindon Community Center
8/12 Saturday	10:00am	Parade	Center/900E/Main
8/12 Saturday	8:30pm	Concert / Fireworks	Pheasant Brook Park