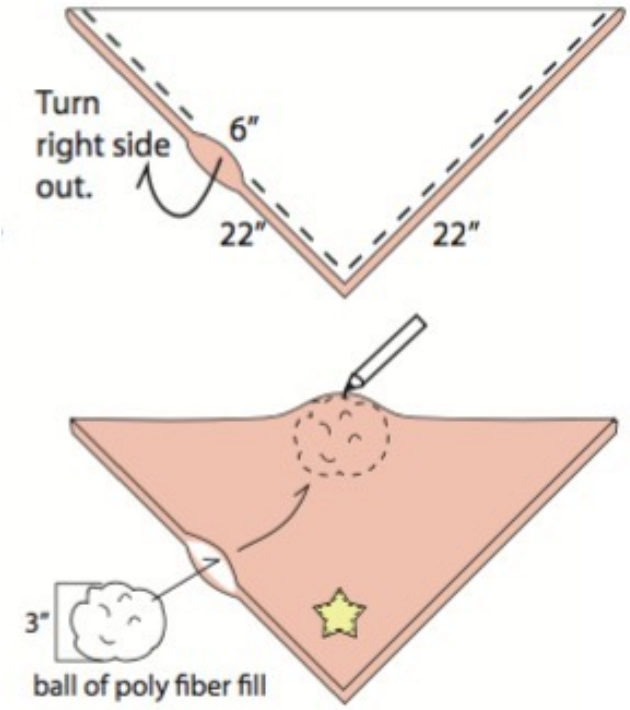
Scent Doll Instructions

Cutting

1. Cut a square of solid color flannel 22" x 22".
2. Using the pattern template provided, cut the hat out of a printed flannel, making sure the 8 1/4" side is placed on the fold.

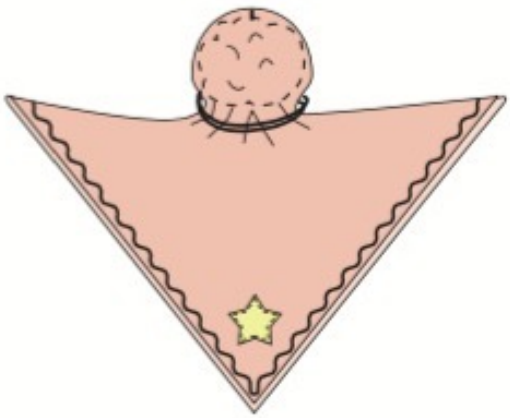
Star Appliqué

3. Print out a small star template.
4. Using the Wonder Under paper-backed fusible web, trace one of the stars using a pencil. Make sure you are tracing on the smooth paper side, not on the rough fusible web side.
5. Cut a square around this star. Don't cut the actual star shape out yet, just roughly around it.
6. Place the Wonder Under web side down on a scrap of the printed flannel.
7. Fuse the Wonder Under onto the printed flannel. Press for 5-8 seconds using a hot, dry iron.
8. Cut the star out using the traced pencil line you drew earlier.
9. Peel off the paper backing. There will now only be fusible web on the star.
10. Position the star near a corner of the solid flannel square. The star should be at least 2" away from the edge of the fabric. Where you place the star is where the star will be located on the finished scent doll.
11. Place the fusible web side down on the solid flannel.
12. Using a hot iron with plenty of steam, fuse the star onto the blanket. Press for about 10-15 seconds, or until all the fabric is fused.
13. Using a zig zag, blanket, or satin stitch, sew around the edge of the star. This secures the star appliqué and also stops the edges from fraying.



Sewing the Doll

14. Fold the solid flannel square in half along a diagonal to make a triangular shape.
15. Sew the edges with a 5/8" seam allowance, making sure to leave an opening about 6" wide. This opening should be in the middle of one of the edges, not at a point.
16. Pulling through this opening, turn the doll right sides out and push out the corners.
17. Press the edges of the doll flat. Turn under the edges of the opening and press.
18. Fold the triangle in half to find the halfway point on the long, unsewn folded edge and mark. Use this marking to correctly position the head.



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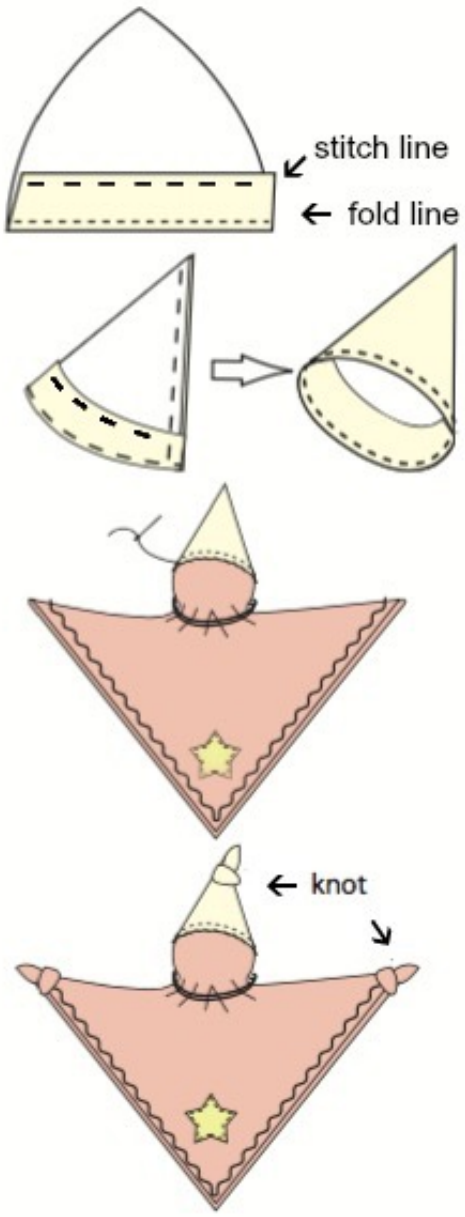
Scent Doll Instructions

19. Form a ball of polyfil about 3" in diameter and stuff inside the doll through the opening, putting the polyfil ball at the marking you made earlier.
20. Gather the fabric around the base of the head to form the neck of the doll. Using all six strands of the embroidery floss, wrap the floss around the neck two times. Tie a secure knot and trim away any loose threads.
21. Topstitch the sides of the doll, pivoting at the bottom corner under the star. You are topstitching over the seams you made earlier (the two shorter sides, not the head side). Use the presser foot as your guide, which should make your seam allowance about 1/4" to 3/8". Feel free to use a decorative stitch!

<u>Sewing the Hat</u>

22. Using the piece of printed flannel you cut in step 2, fold up the bottom edge of the hat about 1/2", wrong sides together. Edgestitch along the raw edge, making sure to catch both layers. This will be the hat's hem.
23. Fold the hat in half, right sides together, and stitch along the long edge from the bottom of the hem to the point at the top. Use a 5/8" seam allowance. Make sure you backstitch at each edge so that the hat stays together.
24. Turn right side out and try the hat on the doll. You may have to make adjustments if the hat is too large. If this is the case, stitch along the long edge again, using a larger seam allowance.
25. Hand stitch the hat onto the doll's head using a blanket stitch. These dolls will be washed at the hospital, so make sure the hat is firmly attached.
26. Tie a simple knot at the top of the hat and at the end of each arm.



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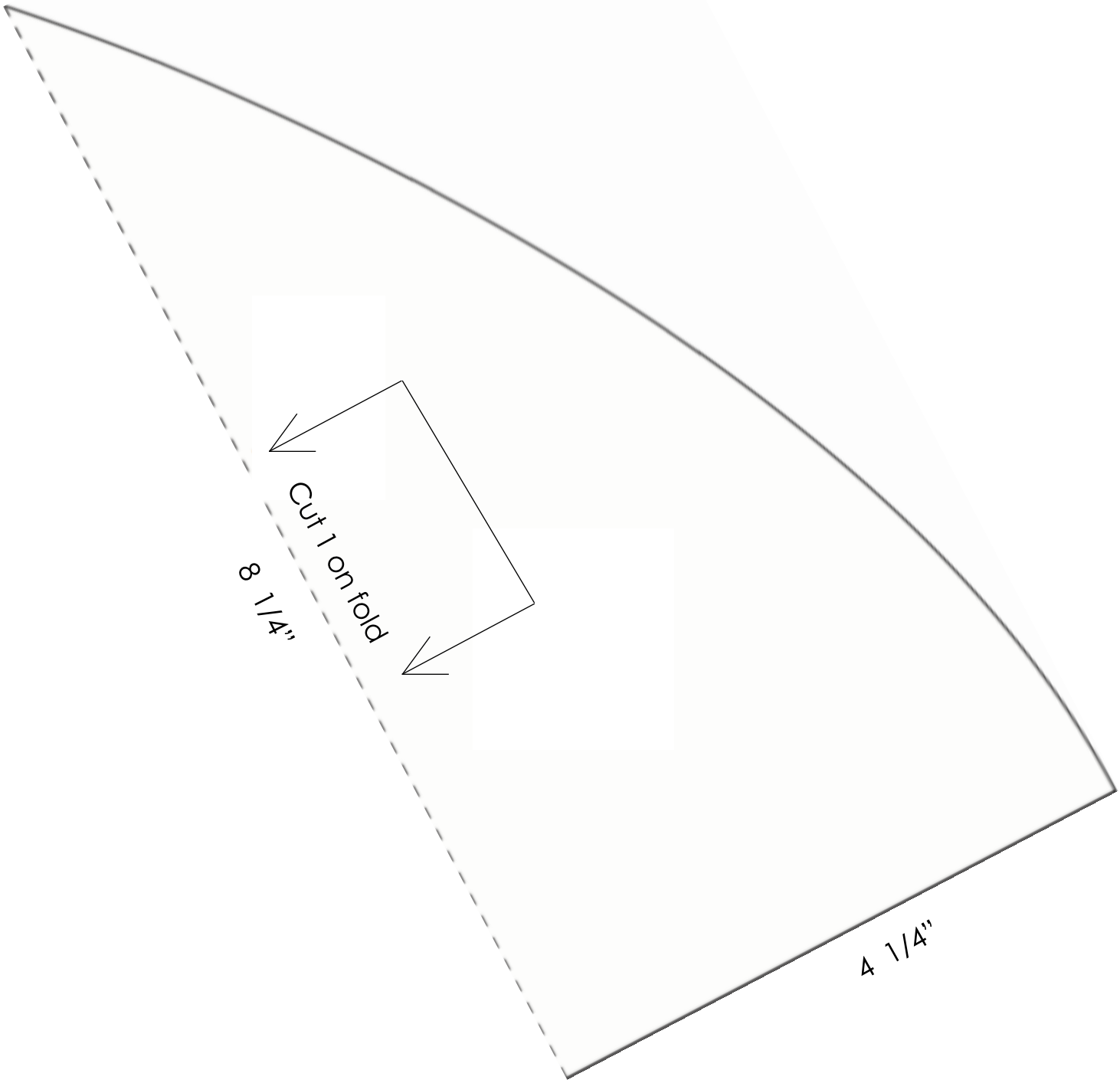
Scent Doll Hat Template



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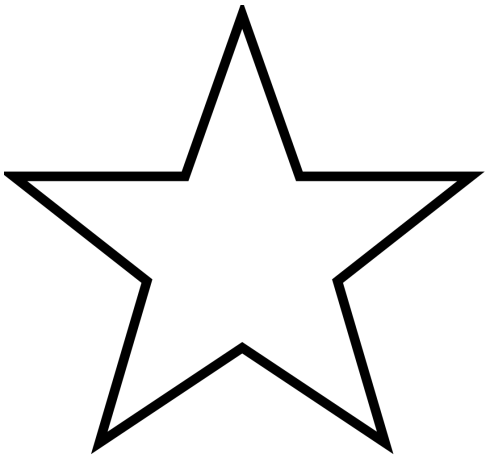
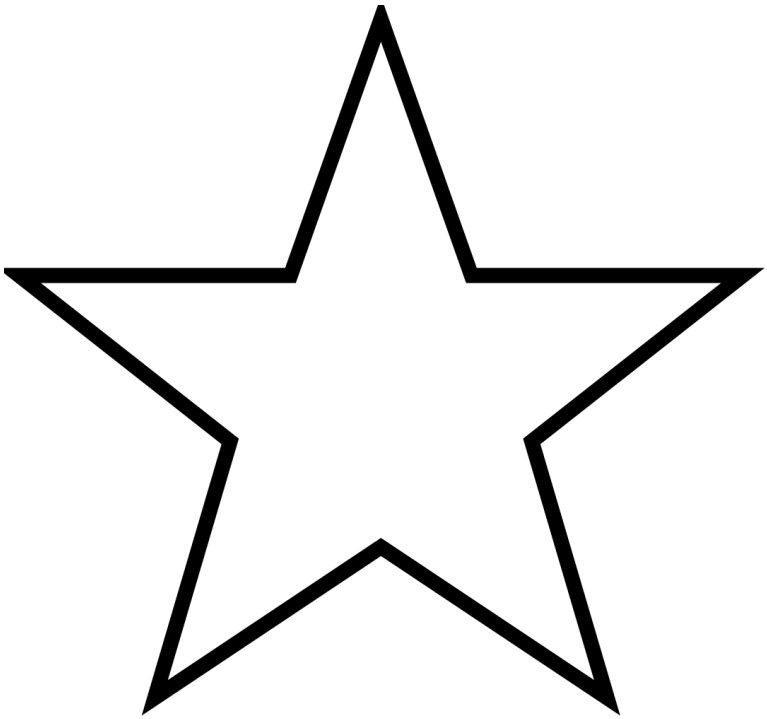
STONEMOUNTAIN & DAUGHTER FABRICS

THE BRIGHTEST LITTLE STAR PROJECT

Star Template





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