



April



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	<i>Suggested donation \$3/meal</i>		<i>Low fat milk (12) is provided with each meal</i> <i>Numbers in parentheses represent carbohydrate count</i>	
3 Salisbury Steak (05) Potatoes & Gravy (16) Carrots (06) Pears (19) Roll (20)	4 Ham and Beans(20) Cooked Cabbage (05) Green Salad (05) Applesauce (15) Corn bread (15)	5 Swedish Meatballs/ Rice (28) Carrots (06) Peach Crisp (67) Roll (16)	6 Lemon Pepper Chicken(0) Potatoes & Gravy (15) Mixed vegetable (05) Jell-o/fruit (15) Roll (15)	7 Roast Pork (0) Au Gratin Potatoes (14) Peas & Carrots (08) Mandarin Oranges (11) Roll (16)
10 Sweet & sour chicken with brown rice (51) Stir Fry vegetable (05) Orange (15) Roll (16)	11 Meatloaf (03) Potatoes & Gravy (16) Corn (14) Apple (28) Roll (16)	12 Chicken Pot Pie w/Gravy (14) Biscuit (41) Green Salad (05) Mandarin Oranges (11)	13 Pork Rib sandwich (12) Hoagie Bun (16) Potato wedges (15) Corn (05) Pears (19)	14 Baked Ham (0) Scalloped Potatoes(13) Beets (06) Apple Crisp (67) Roll (15)
17 Country Fried Steak (14) Potatoes & Gravy(16) Peas (11) Peaches (18) Roll (16)	18 Chicken Wrap (18) Pasta Salad (20) Pickle spear (0) Pears (19)	19 Hawaiian Haystacks (tomato,peas,celery coconut,rice noodles,black olive,cheese)(30) Calif. Blend Veg (18) Pineapple (10)	20 Sloppy Joes/Bun (22) Potato Chips (14) Pork and Beans (20) Tropical Fruit (15)	21 Roast Turkey (0) Potatoes & Gravy(16) Ca blend vegetable (18) Peaches (18) Roll (16)
24 Malibu Chicken (08) Au Gratin Potatoes (14) Beets (06) Pears (19) Roll (16)	25 Shepherd's pie (79) Carrots (06) Ctg Cheese/Fruit (12) Brownie (23)	26 Beef Taco Salad (40) Tortilla Chips, Lettuce, Tomato, Cheese, Kidney Beans, Dressing ,salsa, sour cream Mandarin Oranges (15)	27 Lasagna (19) Green beans (02) Garlic Bread (20) Fruit Cocktail (15)	28 Roast Beef (0) Potatoes & Gravy(16) Carrots (06) Peaches (18) Roll (16)

Menu is subject to change