

Sew from the Heart Student Supply List

Class Name: **Tension For Quilters #21748**

Instructor: Judy Danz [jrdqtr@gmail.com]

Class Date: **Monday, September 12th**

Time: 1:30pm - 4:30pm

In this class we will focus on you and your machine and getting the right tension. But before we get it right, we will get it wrong in as many ways as we can. This will be a great class to learn about tension and how your machine acts when dealing with tension issues.

Supplies Needed:

- Book: **Heirloom Machine Quilting** by Harriet Hargrave (recommended)
- Sewing machine in good working order.
- Basic Sewing Kit (required even if borrowing a machine).
- ½ yard of muslin fabric.
- ½ yard of Warm and Natural 100% cotton batting. Scraps of batting will work – you will need several pieces 14" x 14" for class exercises.
- Sharpie or pen that will show on the muslin fabric so you can make notations on your samples.
- Free Motion foot for your machine make and model (REQUIRED).
- For front or side loading bobbins: EXTRA BOBBIN CASE you can adjust and a small screwdriver you can use for adjusting the tension screw - YOU MUST HAVE THIS!!!!
- For top-loading bobbin bobbin insert that allows tension adjustments, the instructions and any tools required to work with the insert.
- Machine quilting gloves if you use them.
- Pen or pencil and notebook.
- A selection of thread and needles to work with. AT A MINIMUM you will need a spool of a heavy/thick thread, large sharp needles to go with it, and a regular sewing thread in the bobbin. Thread colors MUST contrast top and bobbin and contrast to the muslin, or you won't be able to see the class exercises! Any medium color thread works well - red, gold, grass green, sky blue, medium purple or dark lavender. Please no black, dark gray, navy or any near-black colored thread as it's very hard to see stitches with these colors. No cream or white as you can't see those colors against the muslin.

| Thread Category | Thread Brand and Size | Needles |
|-----------------|---|--|
| Fine | Presencia 50, Aurifil 50, Mettler 60, Bottom Line, OESD Bobbin Thread | Microtex or Jeans 70/10 |
| Medium | Mettler 50, Aurifil 40, YLI Variations, So Fine | Microtex or Jeans 80/12 or Quilting 75/11 |
| Heavy/thick | King Tut, Isocord Poly 40, Mettler 30, Valdani 35, YLI Quilting, Rainbows Trilobal Poly | Microtex, Jeans or Quilting sizes 90/14 or 100/16 (bigger is better) |

Basic Sewing Supplies: Yes No

This includes the following items: Thread, good quality fabric scissors, small scissors or thread nips, straight pins, 6" seam gauge or ruler, seam ripper, fabric marker, assorted machine needles, pen and paper for notes, any other items you commonly use. Please call us with any questions.

Machine Requirements: **Your machine should be in good working order. Please come with knowledge of operation suitable for the class content. Sew from the Heart is happy to provide one of our classroom machines for your use. Please reserve your machine at registration and plan to arrive 15-20 minutes early ahead of class to give us time to get you set up and help you become familiar with the loaner machine.*

July 28, 2011