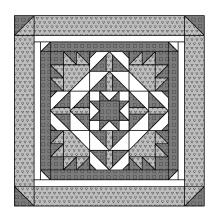


Heartspun Sweetest Things

They say the sweetest things in life are free! Enjoy this free pattern from Heartspun Quilts.



Yardage:

- ♥ % yard dark prin-
- ♥ % yard light print
- ♥ ¾ yard medium print
- ♥ 1/3 binding

♥ I yard backing

Cutting Instructions: For the best use of the fabric, cut in the order given.

From your light print fabric:

- *Cut (4) 31/2" squares for Connector Corners-Bears Paw block.
- *Cut (4) 2" x 31/2" rectangles for Flying Geese units Sawtooth Star block.
- *Cut (16) 31/2" squares for Flying Geese units.
- *Cut (4) 2" squares for Sawtooth Star block.
- *Cu+ (2) 21/8" squares for Border #1 Half Square Triangles.
- *Cut (2) $1\frac{1}{4}$ " × 21" strips for Border #2.
- *Cut (2) $1\frac{1}{4}$ " × 22 $\frac{1}{2}$ " strips for Border #2.

* From your medium print fabric:

- *Cut (4) 41/2" squares-Bears Paw blocks.
- *Cut (2) 3%" squares for Border #3 Half Square Triangles.
- *Cut (8) 21/8" squares for Half Square Triangles-Bears Paw Blocks.
- *Cut (1) $1\frac{1}{2}$ " × 30" strip for Flying Geese strip set.
- *Cut (4) 3" x 221/2" strips for Border #3.

X From your dark print fabric:

- *Cut (1) 31/2" square-Sawtooth Star block center.
- *Cut (2) 3%" squares for Border #3 Half Square Triangles.
- *Cut (8) 21/8" squares for Half Square Triangles-Bears Paw blocks.
- *Cut (4) 21/2" squares for Bears Paw block corners.
- *Cut (8) 2" squares for Flying Geese units Sawtooth Star block.
- *Cu+ (2) 21/8" squares for Border #1 Half Square Triangles.
- *Cut (2) 3" \times 30" strips for Flying Geese strip set.
- *Cut (4) $1\frac{3}{4}$ " × $18\frac{1}{2}$ " strips for Border #1
- *Cut (8) 11/2" squares for Flying Geese block Connector Corners.

> From your binding fabric:

*Cut (4) $2\frac{1}{4}$ " × WOF strips.

<u>CC</u> = Connector Corner → = pressing directions

Directions:

*Sawtooth Star Block~

Draw a diagonal line on the wrong side of (8) dark fabric 2" \underline{CC} squares. Place a \underline{CC} square on one end of a light print 2" \times 3½" rectangle; sew on the drawn line, trim ½" seam allowance and press. Repeat on the opposite end of the light print rectangle. Make (4) Flying Geese units that measure 2" \times 3½" unfinished.



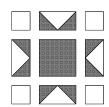


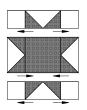


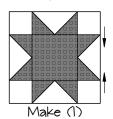




Using (4) light print 2" squares, (1) dark print $3\frac{1}{2}$ " square, and the Flying Geese units, arrange the pieces for the block as shown. Make (1) Sawtooth Star block which should measure $6\frac{1}{2}$ " unfinished.







*Bears Paw Variation Block~

Draw a diagonal line on the wrong side of (8) 2%" medium squares. Match with (8) 2%" dark squares and sew $\frac{1}{4}$ " seam on each side of the drawn line. Rotary cut apart and press to the dark print. Make (16) Half Square Triangle units that should measure $2\frac{1}{2}$ " unfinished.

Draw a diagonal line on the wrong side of (4) $3\frac{1}{2}$ light print \underline{CC} squares. Position one \underline{CC} square in the corner of a $4\frac{1}{2}$ " medium print square and sew on the drawn line; trim $\frac{1}{4}$ " seam allowance and press. Repeat three more times.

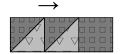




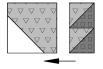
Sew (2) Half Square Triangle units together; press. Make (4) units that should measure $2\frac{1}{2}$ " \times $4\frac{1}{2}$ " unfinished.



Sew (2) Half Square Triangle units and (1) $2\frac{1}{2}$ " dark print square together; press. Make (4) units that should measure $2\frac{1}{2}$ " x $6\frac{1}{2}$ " unfinished.



Sew two Half Square Triangle units to the right side of the \underline{CC} unit; press.



Then, sew a Half Square Triangle with square unit; press. Make (4) Bears Paw variation blocks that should measure 6½" unfinished.





Make (4)

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*Flying Geese Variation Block~

Using the $1\frac{1}{2}$ " \times 30" medium print strip and (2) 3" \times 30" dark strips, sew the strips into a strip set; press seams open.

Subcut (8) $3\frac{1}{2}$ " \times $6\frac{1}{2}$ " units from the strip set.



Draw a diagonal line on the wrong side of (16) light print $3\frac{1}{2}$ " \underline{CC} squares. Place a CC square on one end of a $3\frac{1}{2}$ " \times $6\frac{1}{2}$ " strip set rectangle; sew on the drawn line.



Trim 1/4" seam allowance and press.



Repeat on the opposite end of the strip set rectangle. Make (8) Flying Geese units that measure 3% ×

 $6\frac{1}{2}$ " unfinished.







Make (8)

Draw a diagonal line on the wrong side of (8) $1\frac{1}{2}$ " dark print \underline{CC} squares.



Position two \underline{CC} squares in the corners of a Flying Geese unit and sew on the drawn line.



Trim 1/4" seam allowance and press.

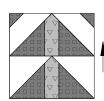


Repeat three more times. Make (4) Flying Geese with CC units.

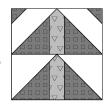


Make (4)

Place the Flying Geese unit with \underline{CC} on top of a Flying Geese unit without \underline{CC} . Sew and press. Make (4) Flying Geese variation blocks that measure $6\frac{1}{2}$ " unfinished.



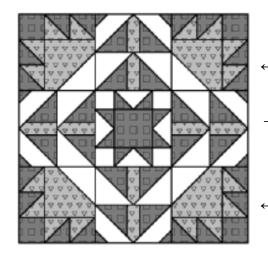
Make (4)



Quilt Center:

Arrange the blocks as shown in the Quilt Layout Diagram at the right.

Sew blocks together, alternating pressing direction with each row. Sew rows together; press. Your quilt center should measure $18\frac{1}{2}$ " \times $18\frac{1}{2}$ " unfinished.



1

*Border #1: In the same manner as previously described, make Half Square Triangles by drawing a diagonal line on the wrong side of the (2) 2%" light print squares. Match to the 2%" dark print squares and sew 1%" seam on each side of the drawn line. Rotary cut apart and press to the dark print. Make (4) Half Square Triangle units that should measure 1%" unfinished.

Sew (2) $1\frac{3}{4}$ " \times $18\frac{1}{2}$ " dark print borders to the sides of the quilt center; press to the border. Sew a Half Square Triangle to each side of the remaining two $1\frac{3}{4}$ " \times $18\frac{1}{2}$ " borders. Then, sew the borders to the top and bottom of the quilt center. At this point, you quilt top should measure 21" \times 21" unfinished.

*Border #2: Next, sew the $1\frac{1}{4}$ " \times 21" light print borders to the sides of the quilt top; press to Border #2. Then sew the $1\frac{1}{4}$ " \times 22\frac{1}{2}" top and bottom borders; press to Border #2. At this point your quilt top should measure $22\frac{1}{2}$ " \times $22\frac{1}{2}$ " unfinished.

*Border #3: In the same manner as previously described, make Half Square Triangles by drawing a diagonal line on the wrong side of the (2) 3%" medium print squares. Match to the 3%" dark print squares and sew 1/4" seam on each side of the drawn line. Rotary cut apart and press to the dark print. Make (4) Half Square Triangle units that should measure 3" unfinished.

Sew (2) $3'' \times 22\frac{1}{2}''$ medium print borders to the sides of the quilt center; press to the border. Sew a Half Square Triangle to each side of the remaining two $3'' \times 22\frac{1}{2}''$ borders. Then, sew the borders to the top and bottom of the quilt center. At this point, you quilt top should measure $27\frac{1}{2}'' \times 27\frac{1}{2}''$ unfinished.

