



How to make a Colonial Knot

Photo demonstration by Lisa Bongean of Primitive Gatherings
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Several years ago, I attended a wool class taught by my friend Lisa Bongean. She demonstrated how to make a Colonial Knot, and this time, I didn't want to forget the steps, so I asked her if I could photograph her while she went thru the steps as she demonstrated. She happily obliged! (If you're not familiar with the Colonial Knot, it looks like a French Knot, but prettier, and much more secure.) Find all of Lisa's wonderful designs on her website www.primitivegatherings.us

You can use floss or perle cotton, single or double strand.



Bring the needle up where you want to place your Colonial Knot. Pull the thread taunt in your left hand. Position the needle, point down, parallel to your thread.



Still holding the thread in your left hand and the needle in your right, bring the needle to the left side of the thread. Go under the thread, then....



Turn the needle in your right hand so that the point of the needle is to the left, perpendicular to the thread and horizontal to you.



Twist the thread around the needle as desired, just as you would for a French knot.



Place the needle at the point where the thread comes up from your background.



Hold the base of the thread tightly in place and pull the needle thru the knot.



Voila! A perfect Colonial Knot!