



🌀 Creamy Lemon, Blueberry & Walnut Salad 🌀

Ingredients:

Romaine & Spring Mix lettuce
Fruit: choose from strawberries, blueberries or Craisins
Crumbled blue cheese
Walnuts, chopped

Dressing:

½ c. mayo
3 TBL Dannon vanilla yogurt - not Greek style
2 TBL sugar
2 tsp lemon zest

Mix dressing ingredients in a ball jar and whisk to blend. Refrigerate at least 4 hours, or even better, overnight.

Toss lettuce with salad dressing. Top with remaining salad ingredients.

Pam Buda

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