

Senior Nutrition Program		December 2012	
MONDAY	TUESDAY	WEDNESDAY	THURSDAY
3 Baked Fish Rice pilaf Mixed vegetable Dinner Roll w/Margarine Tropical fruit 2% Milk	4 Hamburger w/Trimmings Potato chips Fruit Cup Rocky Road Brownie 2% Milk	5 Baked Chicken Mashed Potatoes & gravy Peas Dinner Roll w/Margarine Jell-O w/ fruit 2 % Milk	6 Soft Flour taco Chips & salsa fruit Brownie 2% Milk
10 Baked Spaghetti Green salad Garlic bread Pears 2% Milk	11 Chicken Noodle Soup Saltine Crackers Fruit cup Rice Krispy 2% Milk	12 French Dip Sandwich Coleslaw Mandarin Oranges Chocolate Chip Cookie 2% Milk	13 Baked Ham Candied Yams Green Bean Casserole Dinner Roll w/Margarine Fruit Salad Pie 2% Milk
17 Chicken Tortilla Casserole Peas & Carrots Fruit Peanut Butter Cookie 2 % Milk	18 Cabbage Casserole Mixed Vegetable Peaches Bread w/ margarine 2 % Milk	19 Roast Beef Mashed potatoes & gravy California Blend Wheat roll w/Margarine Apple Crisp 2% Milk	20 Cook's choice
24 Happy Holidays! CLOSED	25 Happy Holidays! CLOSED	26 Happy Holidays! CLOSED	27 Happy Holidays! CLOSED
31 Happy Holidays! CLOSED			SUGGESTED DONATION SENIORS 60 AND OVER \$2.50 UNDER 60 COST OF MEAL IS \$ 5.25

Senior Nutrition Program
 District IV
 PO Box 820
 Richfield, UT 84701
 8/10-ehk

MENU SUBJECT TO CHANGE AND SUBSTITUTIONS

**Please make your reservation by 9:00 a.m.
 on the day you plan to eat at the center.
 THANK YOU!!!