SENIOR .....
...MOMENTS

Volume 7 Issue 5 May 2013

Bear River Valley Senior Center

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Are you turning 65 this year? If you need help with Medicare call Marion.	You can sign up 3 months before you turn 65 the month of or 3 months after.	1 Wii Games Arthritis Ex 9:30 BINGO 12:30 Good Sammers 6-8	2 Care for the CareGiver 10:30 Civic Club 4:00 Reflections 4:00	3 Odell Summers entertainment 11:30
6 Arthritis EX 9:30 County DUP 1:00 Weight Watchers 5:00	7 IHC Blood Pressure 11-12 Stagecoach DUP 12:00	8 Wii Games Arthritis EX 9:30 Pass the Buck 12:30	9 **CLOSED for TRAINING** Reflections 4:00	10 Becky Kimball entertainment
13 Arthritis EX 9:30 Garland DUP 1:00 Weight Watchers 5:00	14 All about Socks, 1:00 Gossner's, Ice Cream $2.00 Sign up please	15 Wii Games Arthritis EX 9:30 Foot Clinic Card Making 1:00 Doterra 6:30	16 Care for the Caregiver 10:30 Civic Club 4:00 Reflections 4:00 Am. Legion 6:00	17 Westernaires Entertainment 4-H 4:00-6:00
20 Arthritis EX 9:30 Midland DUP 1:00 Weight Watchers 5:00	21 IHC Blood Pressure 11-12	22 Wii Games Arthritis EX 9:30 USU cooking on a budget 6-8:30	23 Reflections 4:00	24 Best Friends Entertainment
27 **Closed Memorial Day**	28	29 Wii Games Arthritis EX 9:30 Nat'l Health and Fitness Day	30 Reflections 4:00	31 Shaeli Layne & Friends entertainment

There was a little quarterback who played football in a small college. He had just become a Christian and did not know how to tell others of his newfound happiness. The only way he could up with was to carry a Bible to class with him. After he had carried it for a few days, one of the big tackles came up to him and said … "What's the matter with you? Have you gone soft and become a Christian?" The little quarterback looked up at him, thought for a minute, took the Bible and held it out to him and said.. "If you think it is so easy…Here you carry it"!