

Cannonball

Run

Entry Fee: 5K/10K - \$25

1 mile kids run - \$10 (kids 10 and younger)
(\$10 late fee if registering after Aug. 3rd)

Location: Bear Hollow Lakes (3 miles east of I-15 on UT-30)
on the Bear River near Garland, UT.

Course: Beat the heat with an awesome Party like, Waterfight, Fun Run! Participants will receive a T-shirt. Don't forget your water wings at home or to do a cannonball off of the dock to finish the race.

Parking: Parking available down by the lakes.

Packet Pickup: Friday Aug. 9th, 5:30 p.m. - 7:30 p.m. @ Tremonton City Recreation Office. (614 N. 1000 W.) Or Saturday Aug. 10th, 6:30 a.m. - 7:30 a.m. @ Bear Hollow Lakes.

Awards: Awards will be given to the top three men and women for both the 10K and 5K.

Register in person at the Tremonton City Offices

or by filling out and mailing the below entry form to (Attn: Recreation, 102 S. Tremont St. Tremonton, UT 84337)

Name: _____

Address: _____

City: _____ State: _____ Zip: _____

Phone #: _____ E-mail: _____

DOB: _____ Age on Event Day: _____ Sex: _____ T-shirt Size: (mens,womens,youth) _____

Method of Payment: Check Cash Money Order Make checks payable to "Tremonton City"

I, the undersigned, acting for myself or as a parent or guardian, do hereby agree (allow) participate(ion) in the aforementioned activity(ies) and further agree to indemnify and hold harmless the City of Tremonton, it's agents and employees from all harm, accidents, personal injury or property damage suffered by the aforementioned individual(s) arising out of, or in anyway connected with, participation in this activity. I also, give my permission to Tremonton and its assignees to reproduce or use my image without cost or reimbursement on video, photographic or any other media for promotion of the City's programs and facilities. ALL PARTICIPANTS MUST SIGN BELOW

Signature: _____ Date: _____

(Parent or guardian must sign if under 18 years of age)

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