

The Hyrum Senior center is open to ALL seniors Monday-Friday from 9:00-2:00.

- We serve a tasty lunch every weekday except Thursdays at 12:00.
 - Please call 245-3570 before 10:00 to reserve a place.
 - Suggested donation \$3.00.
- Our building is undergoing some repairs including new paint, window treatments and some flooring. We are excited for these changes.
- This year we are celebrating the 20th birthday of the Hyrum Senior Center. We are looking for stories, memories, pictures etc. so please help us out. We are also forming a committee to plan our year end party, if you'd like to help, please contact us soon.
- As always, we have beautiful quilts for sale and also a few gift items. We are looking for old denim pants or skirts to use for quilt tops, so please bring any you want to get rid of to the center. Thanks!
- Effective May 1st we will no longer be taking cans for recycling, so please do not bring them to the center after that date. We encourage you to recycle at your homes.

Calendar

Mondays we have Fit Over 60 at 10:00 with an essential oil class on the last Monday of the month.

- May 6, Board Meeting at 1:15. The public is invited.
- May 13 We will not be serving lunch, our linoleum is being installed.
- May 20 Free breakfast at 11:00

Tuesdays at 10:00 we have a fun walking, dance and yoga class that is easy and healthy. We play games at 12:30.

- May 14 Awesome Tip Class, these are always fun and informative

Wednesdays we have chair yoga at 10:00. We also have bread that day for all seniors.

- May 1 We will be playing Let's Make a Deal, so load up your purses and be prepared to wheel and deal at 12:30
- May 8 Mother/Daughter Party with singer Teresa Jones. Theme: 'We Adore You'. We will be taking glamour shots at 11:00, there will be some fancy items to be adorned with. Please RSVP early.
- May 15 CNS program and activity at 12:30
- May 22 Singer Lorie Pulsta will be performing at 12:30
- May 29 Pianist Kevin Kula will be doing our program at 12:30

Thursdays we have yoga at 10:00 unless we are on a road trip

- May 2 Class on grains at Honeyville Farms, lunch in Brigham City and we will stop at the Amish store
- May 9 Yoga at 10:00. Red Hat trip at 11:00
- May 16 Road trip-call for details
- May 23 Yoga at 10:00
- May 30 Road Trip to the Living Aquarium in Sandy

Fridays we play bingo at 12:30.

We are taking a trip to Jackson Hole on June 20th-22nd. There are still seats available. Please call for details.

ANNUAL SPRING BOUTIQUE

MAY 10TH FROM 11:00-7:00

MAY 11TH 10:00-3:00

WE HAVE LOTS OF NEW VENDORS COMING

THE PUBLIC IS INVITED, GIFTS FOR ALL AGES

LUNCH WILL BE AVAILABLE FOR \$3.00 FROM 11:00-1:00

COME IN AND DO YOUR MOTHER'S DAY SHOPPING AND FIND SOME FUN SPRING ITEMS