



The KT Stash Society Newsletter

for Kansas Troubles Quilters Fans

by Lynne Hagmeier, designer

Bennington, Kansas

Issue #1356

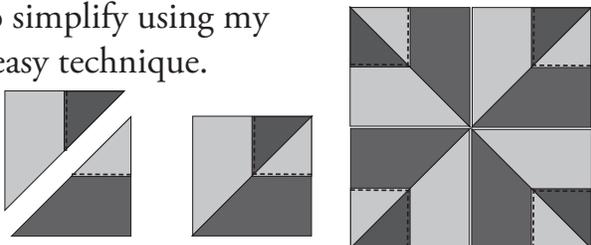
From baking in the heat to drowning in unusually heavy July rains, it's been a strange summer here in Kansas and across the country. On a couple of mornings after heavy rains, Robert slid into town on our muddy country roads, convincing me to declare "Mud Days" - the summer version of Snow Days. I resolved to stay at the cabin in my sweats, no distractions, and catch up on my design work. With Fall Market only a few months away, the newest KT BOM was still only half done. I've made it my mission to simplify traditional quilt blocks by layering triangles and squares over basic blocks to develop an easier way to piece a quilt. KT's Layered Patchwork technique not only eliminates seams in your blocks, resulting in more perfectly square blocks and a flatter quilt, it adds dimension with the bias or pinked edges on top of the quilt. Our BOM will offer traditional piecing methods as well as the Layered Patchwork version so you can decide for yourself which technique works best for you. If you'd like a taste of this method, try our project of the month with a stash full of reds to spark your summer decorating. Enjoy!

Lynne

THIS MONTH'S PROJECT

RED HOTS

This month's project features KT's Layered Patchwork technique. Begin by stitching small triangles onto one corner of a larger triangle, then sew those triangles together for the base unit - a half square block. Sew four units together to create a classic pinwheel variation called End of the Day (Encyclopedia of Pieced Quilt Patterns by Barbara Brackman). I pour over the more than 4,000 traditional quilt blocks in her book to find the perfect candidates to simplify using my fast & easy technique.



Lil' Sweet Pea

40" sq. Charm Project

I enlarged one of my favorite floral prints in the Sweet Pea fabric collection to create a fun and flirty applique centerpiece. The 24" center square is surrounded by a charming pieced border featuring our layered patchwork technique. Lay a triangle on one end of each rectangle and stitch close to the bias edge to achieve a pieced look. Then, simply sew rectangles together to create a more perfectly square and flat border, plus add tons of character with the softly frayed edges of the bias. I enjoy this technique for the quick results with the primitive look I love.



Pattern \$6.50/available September 2013 at your favorite quilt shop.



CRANBERRY CASHEW CHEWS

I've just found my new favorite morning snack! Not only are they better than packaged granola bars, but easy enough to make every week.



4 cups Fiber One Honey Clusters cereal
1 cup chopped sweetened dried cranberries
½ cup roasted unsalted sunflower nuts
⅓ cup cashew pieces
¾ cup packed brown sugar
½ cup corn syrup
¼ cup creamy peanut butter
1 teaspoon vanilla

*In a large bowl, mix cereal, cranberries, sunflower nuts and cashews.

*In a 2-qt. saucepan, mix brown sugar, corn syrup and peanut butter. Heat to boiling over medium-high heat, stirring constantly. Boil and stir 1 minute. Remove from heat; stir in vanilla.

*Pour syrup over cereal mixture; stir to coat evenly. Drop mixture by scant ¼ cupfuls onto waxed paper. Cool completely, about 30 minutes.

*Wrap individually for a healthy take-along snack.

*140 calories each

KANSAS TROUBLES QUILTERS

Bennington, KS 67422

785-488-2120

ktquilts.com

kansastroublesquilters-lynn@blogspot.com