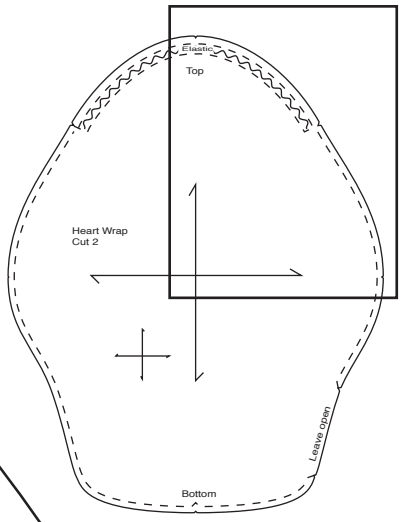
Elastic

Top

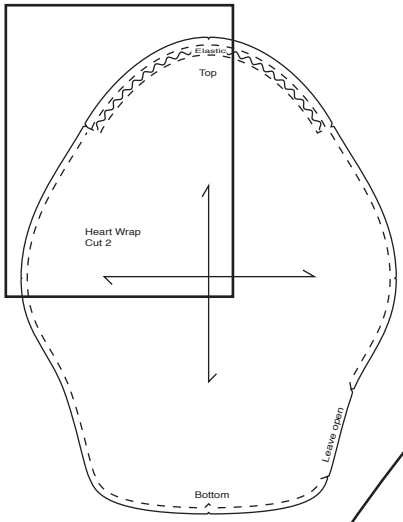


upper
right

upper
right

Velcro
(Loop)

upper
left



Elasti

Top

upper
left

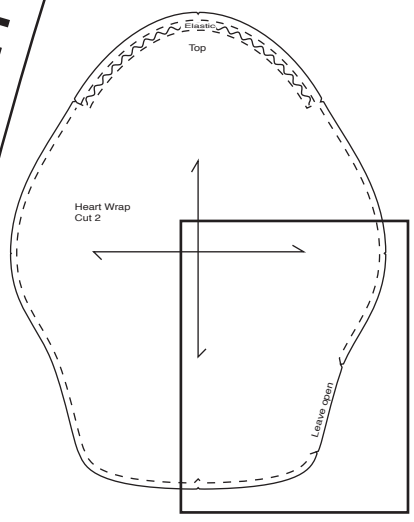
Heart Wrap
Cut 2

Stitch on the back side

Velcro
(Hook)

lower
right

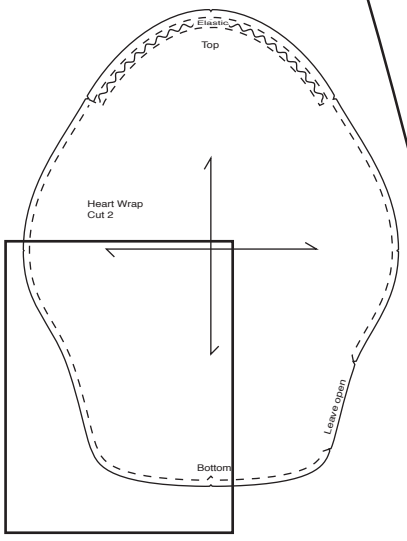
Leave open



lower
right

Bottom

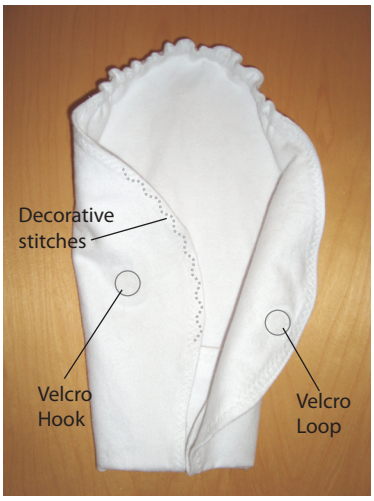
lower
left



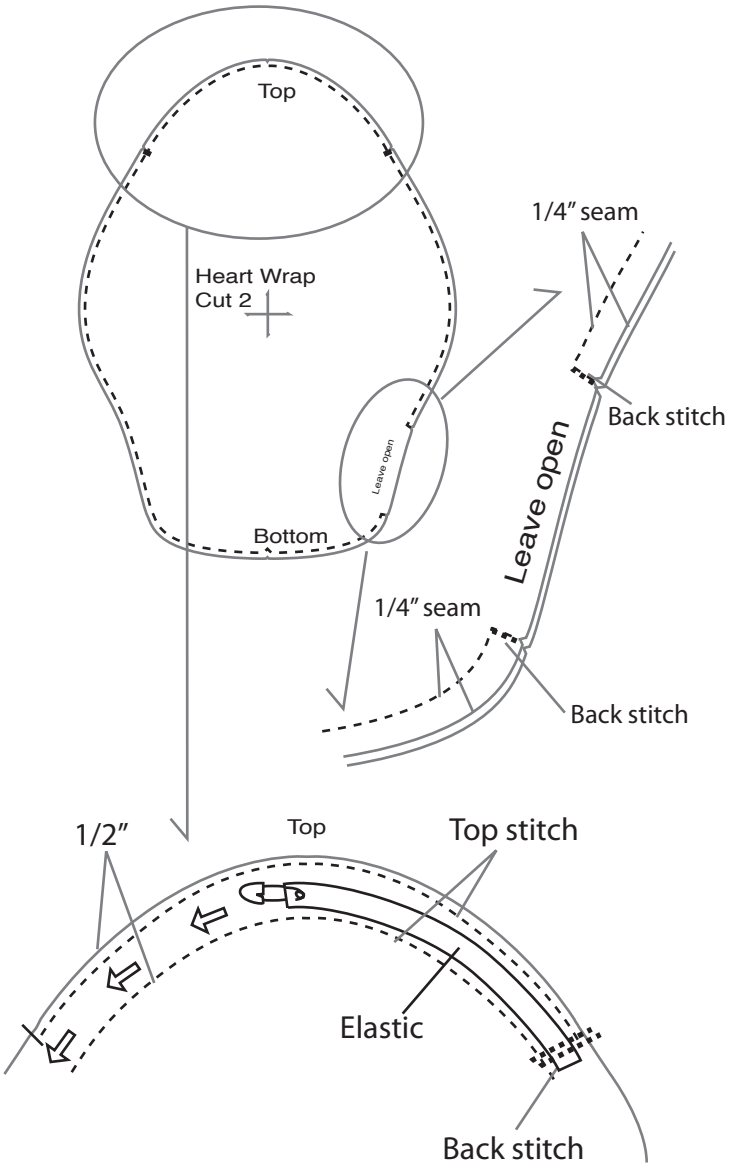
lower
left

Botto

Heart Wrap Directions



Supplies:
1. White flannel
(one yard will make two Heart Wraps.)
2. White thread
3. Elastic (8 " long) and a safety pin
4. Velcro (3/4" coin shape)
5. Sewing machine
6. Iron



Directions:
1. Cut out two of pattern.

2. Sew two pieces together using 1/4" seam leaving gap where indicated.
(Sew gap out to edges and back stitch - this will allow easier turning in of edges.)

3. Turn right side out and press flat.

4. Make casing for elastic by top stitching between marks.

5. Thread elastic through casing until end is even with casing edge.

6. Machine stitch elastic in place.

7. Pull rest of elastic through, bunching top until end is free.

8. Remove safety pin and machine stitch other end in place.

9. Sew the velcro.

10. Top stitch rest of wrap edges, closing gap. Use decorative machine stitches or sew blanket stitch by hand to finish outside edge.