



# ALPHA

## HOME HEALTH & HOSPICE

Attentive Caring Supporting



Summer

2010

Newsletter

### Medicare and Medicaid: What's the Difference?

**Medicare and Medicaid** are very different and provide different services. **Medicaid** is a federal program for low-income people who need assistance. It is set up by the federal government and administered differently in each state. In Utah it is called Utah Medicaid and is administered jointly by the Utah Department of Health and the Utah Department of Workforce Services. **Medicare** was created to deal with the high medical costs that older citizens face relative to the rest of the population--especially troublesome given their reduced earning power. However, eligibility for Medicare is not tied to individual need. Rather, it is an entitlement program; you are entitled to it because you or your spouse paid for it through Social Security taxes. Although you may qualify for and receive coverage from both Medicare and Medicaid, you must meet separate eligibility requirements for each program. It is worth your time to investigate these programs, their limits and exceptions. You can get valuable information by visiting state offices, government websites and getting state published literature on these two programs.

Here is the web address for Utah Medicaid:

[http://health.utah.gov/medicaid/provhtml/general\\_info.html](http://health.utah.gov/medicaid/provhtml/general_info.html)

Remember that Home Health and Hospice are covered by Medicare 100%, and most private insurances.

### Spot Light:



~ Donna Reeser ~

Donna works in our Billing Department, she is our Office Manager. Donna is "the go to person", she is always so helpful when anyone has a question, and wont stop until she has the answers! We asked Donna a few questions about herself:

**What is your favorite part of your job?** Working with such great people.

**Where are you from?** All over, my dad was in the army so we moved all the time, but I was born in Wisconsin.

**What is your favorite hobby?** Sewing.

**What's your favorite food?** My favorite food is Mexican and Asian.

**If you could travel anywhere, where would you go?**

Hawaii, the pictures are so beautiful!

Donna also enjoys listening to Country Western music, and her favorite sport to watch is gymnastics. We appreciate all of her patience and consideration toward all of her co-workers.

Thanks Donna!!!

### Special Feature

Maeser School  
100 yrs ago



The Maeser School was completed in 1898 and was named after Carl G. Maeser an early educator in Provo. It is the oldest public school in Provo still in use and located at 162 South 500 East. Currently it serves as apartments for the community of Provo.



### Be a Hospice Volunteer

Volunteering is an important part of our American heritage. In the attitude of the "barn raising" for a neighbor we have long been a society that gives of our time to help. Alpha Home Health and Hospice has a volunteering program that is part of its hospice program, here individuals have the opportunity to serve the terminally ill and their families. Volunteering with hospice is not for everyone but those who invest of themselves and their time report it being a beneficial experience.

Hospice volunteering does require some training and you do have to be over 18 to be a participant. Here are some examples of services given by volunteers:

- Read the newspaper or a favorite book
- Writing letters
- Helping them keep a journal or write a personal history
- Providing respite care while the caregiver runs an errand or does other errands
- Listening to them tell stories from another era and providing companionship and company
- Light housekeeping

This list is not comprehensive by any means but gives you an idea of the types of things you may do. If you would like to experience volunteering in a caring and tender setting please contact us at 801-225-1080.

*Share your  
time and  
talent*

*Be that special  
someone in  
another's life*



*For  
information  
call:  
801-225-1080*

### **Volunteer and Touch a Life**

*Hospice Volunteers have special  
opportunities to serve*

# Summer

## CROSSWORD

### Across

- Exercising in water.
- Shades on your eyes.
- Frozen comes in different flavors.
- Sing songs around the \_\_\_\_\_ fire.

### Down

- Walking up a trail.
- Summer trip.
- Basket with food in it, eat at a park.

### OUR MAIN OREM OFFICE

**Alpha Home Health and Hospice**

**250 W Center Street,  
Orem, Utah 84057**

**Phone: 801-225-1080 Fax: 801-225-1069**

**Toll Free Number: 1-877-852-1080**

### Our Salt Lake County Location

**Alpha Home Health and Hospice**

**1323 West 7900 South,  
Suite 102**

**West Jordan, Utah 84088**

**Phone: 801-566-1490 Fax: 801-566-1494**

**Toll Free Number: 1-877-852-1080**