

Beauty in a Bucket: Basic How-To's for Container Gardening

Written By: Calun Reece

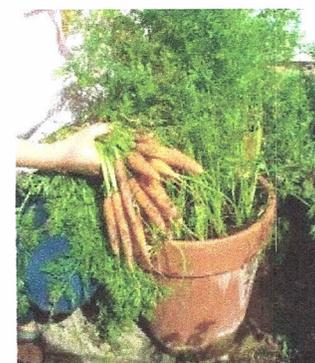
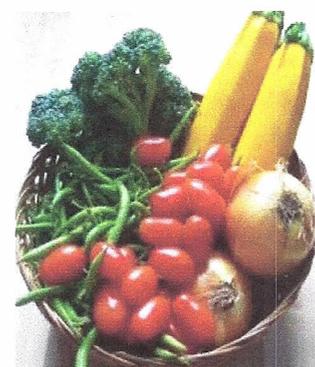
There is nothing more satisfying than eating vegetables freshly picked from your own garden. With spring just around the corner, it's time to start thinking about the potentials of this year's gardening season. Whether or not you have a large amount of space, *anyone* can have their own garden; some just have to be a bit more creative about it than others. If your space seems unsuitable for a garden, why not try growing those delicious vegetables in containers?

Container gardens are a lot easier to handle and maintain than traditional gardens. They do not need a lot of space, and therefore can be placed anywhere such as a patio, front step, a hanging basket, or even a window seal. Military families also benefit as they can easily take their gardens with them wherever they go. Container gardens are also versatile, which can really help one maximize the use of sunlight. It is also a lot easier to spot damaging bugs or diseases, and there is usually less weed pulling involved as well.

When starting out, there are some basic how-to's for gardening in containers. First, whatever container you decide to use, make

sure it is well-drained. Second, get creative and reuse old wine barrels or buckets. I have heard some even using bathtubs! Five gallon containers are ideal for most vegetable plants, but use what you have to get started. Third, make sure to use proper soil that is suitable for container gardening. Ask a local nursery about which soil is best for containers. Fourth, be sure to water the plants daily and preferably in the mornings. Try also to keep the water off the leaves as much as possible to keep the sun from scorching the leaves which causes damage. Fifth, make sure the plants are getting plenty of sunlight. Most vegetable plants need six hours of sunlight; others can withstand some shade, but ask your nursery. Sixth, make sure you pick your homegrown vegetables when they are ripe, as they are most flavorful. Seventh, pick, and pick often so your garden keeps reproducing throughout the entire season.

Not only will you have delicious vegetables all season long, but you will know with great satisfaction that they came from your own garden. There is nothing like a little dirt on your hands to remind you of the pleasure and beauty in gardening.



Home Town Recipes

Slow Cooker Creamy Ranch Potatoes



Ingredients:

2lb Small Red Potatoes,
quartered
8oz Cream Cheese, softened
1 Envelope Ranch Dressing Mix
10 3/4 oz can Cream of Potato
Soup
2 Large Scallions, sliced
2tsp Worcestershire Sauce
1-2 tsp Hot Sauce
Fresh parsley to sprinkle over
top, for garnish.

Directions:

Wash and quarter potatoes and
put in slow cooker that has been
lined with a disposable liner. In a
bowl mix all other ingredients.
Pour over potatoes and stir well.
Cook on low for 6 hours.

Baked Pork Chops in A Mushroom Burgundy Sauce

Ingredients:



3 or 4 Boneless
Pork Chops
1Tbsp Butter
1 Large onion, chopped
1 1/2 cups sliced Mushrooms
1Tbsp Flour
Salt & pepper to taste
3/4 cup Burgundy Wine
Cooked rice

Directions:

Cook chops with butter in a skil-
let just until browned on both
sides. Remove from the skillet
and place in a baking dish. Sauté
onions and mushrooms in skillet
drippings. Sprinkle with flour,
salt and pepper. Blend in wine;
cook and stir until thickened and
bubbly. Pour over chops; cover
with foil. Bake at 350 for 50 to 60
minutes or until tender. Serve
with hot cooked rice.

HEAD START



USD 383 Head Start, which serves Manhattan, Ogden, and Riley County School Districts, is accepting applications for the 2012-2013 school year. Head Start is a free, federally funded early childhood program that serves families with low income. To apply, a child must be 3 years old by August 31, 2012 but not yet kindergarten age eligible. For more information, call 587-2045 or stop by Head Start at 1700 Leavenworth in Manhattan.

Ogden Boy Scouts Troop 270 Chili Feed & Auction

When: March 10, 2012

Where: The Rock House in Ogden

Time

Chili Feed : Noon to 6:30pm

Auction begins at 7:00pm



Come out and help support the Ogden Boy Scouts!

LOCAL CHURCH WORSHIP HOURS



Ogden Friendship House United Methodist Church

Sunday School: 10am
Worship: 11am

Korean Presbyterian Church

Sunday School: 11am
Sunday Morning Worship: 11am
Sunday Evening Worship: 7pm
Wednesday Evening: 7pm
Friday Praise & Prayer: 7pm
Everyday Early Morning: 6am

Ogden Baptist Church

Sunday School: 9:15 to 10:15am
Worship Hour: 10:30 to 11:30am
Wednesday Bible Study: 7-8pm
Sunday Evening Worship: 6-7pm

Ogden Bible Church

Traditional Style Service: 8am
Sunday Free Breakfast: 9:15am
Sunday Classes for all ages: 9:45am
Contemporary Service: 11am

St. Patrick Catholic Church

Wednesday Morning Mass: 7:30am
Saturday Mass: 4:15pm

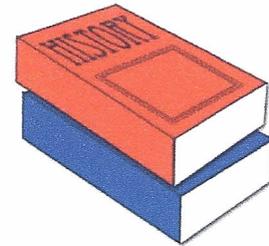
Roger's Corner

Written By: Roger Graham

What are Checks & Balances? No this has nothing to do with monthly bank statements. This is about our government so no one branch could become too powerful. The legislature could "check" the power of the President, the Supreme Court could "check" the power of Congress, and so on.

What Are The Basic Powers and Checks:

- Executive Powers (President)
- Approves or vetoes federal bills
- Carries out federal laws
- Appoints judges and other high officials
- Makes foreign treaties
- Can grant pardons and reprieves to federal offenders
- Acts as commander-in-chief of armed forces



Judicial Powers:

- Interprets and applies the law by trying federal offenders
- Can declare laws passed by Congress and executive actions unconstitutional.

Be Thankful for Bathrooms

People in the 1800's had to go to an outdoor bathroom called a privy. Imagine how fun that would be in the winter. In a privy, a person sat on a wooden bench with a hole cut in it. But first, people would circle a stick in the hole, making sure no spiders were waiting. Who knows there could have been snakes on the privy floor. In the middle of the night people would often use the chamber pot kept under their bed, rather than using the privy in the dark! But just think, they would have to clean it too eww!!



Fitness Center Hours

Monday- Friday

8am to 8pm

Saturday

2pm to 6pm



We have treadmills, stair steppers, weight stations, powertec power rack and a variety of other workout equipment. Yearly memberships are \$20.00 per person.

Come in and check us out!!