

# SENIOR .....

# ...MOMENTS



Volume 6 Issue 5

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**Happenings** : BILLIARDS & QUILTING EVERY DAY Sitting Exercises daily 10:30am

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Mothers Day on the 13th</b>	1 Stagecoach DUP 12:30 Pink ladies Blood pressure 11:00 ♥ Tatting 12:00	2 Wii Encompass L&L 12:15 BINGO 1:00	3 <b>CLOSED</b> for BRAG training Civic club 4:00 Reflections 4:00	4 Odell Summers Entertainment 11:30 CNS Blood Pressure 12:15 ♥
7 Tulip Festival WWW 12-1 Weight Watchers 5:00	8 LinCare L&L 12:15 Tatting 12:00	9 Wii B&B 9:30 Card Making 1:00	10 Country Quilters 1-3 Reflections 4:00	11 Becky Kimball Entertainment 11:30
14 HCNU L&L WWW 12-1 Weight Watchers 5:00	15 Quilt Guild 9:30 Pink Ladies Blood Pressure 11:00 ♥ Tatting 12:00	16 Wii B&B 9:30 Legacy Foot clinic By appointment 🦶🦶 DoTerra 6:30 USU cooking on a budget 6:30	17 Care for the Caregiver 10:30 Civic club 4:00 Reflections 4:00	18 Westernaires 11:30 CNS Blood Pressure 12:15 ♥
21 WWW 12-1 Weight Watchers 5:00	22 Tatting 12:00	23 Wii B&B 9:30	24 Reflections 4:00	25 Best Friends Entertainment 11:30
28 <b>CLOSED</b> 	29 Tatting 12:00	30 Wii	31 . No congregate lunch- To Go Only Chuck -O-Rama 11:00 Reflections 4:00	

There was a little quarterback who played football in a small college. He had just become a Christian and did not know how to tell others of his newfound happiness. The only way he knew how to tell them or let them know was to carry a Bible to class with him. After he had carried it for a few days...one of the big tackles came up to him and said... What's the matter with you? Have you gone soft and become a Christian? The little quarterback looked up at him, thought for a minute, took the Bible and held it out to him and said,"IF YOU THINK IS'S SO EASY, Here you carry it"!

**Birthday Wishes to:**

Mary Anderson, Linda Cutler. Iris Douglas, Mary Munns, Gayle Wakely, Nona Bee, Jan Zoellner, Merrill Prisbey, Connie Sessions, Merilyn Carver, Dixie Forsgren, Shirley Montgomery, Larry Anderson, William Fallis, Douglas Hutchen, Gordon Lasley, Boyd Parker, Cleon Anderson, Barbara Warburton, Marlene Christensen, Burl Morley, Linda Nessen, Eileen Roberts, Mary Watson, Carolyn Bachman, Betty Ellertson, Janet Carter, Alice Ward, Dorothy Bessinger, Deanna Greer, Marcia Darley, Carmen Davis, Myrleen Lund, Alice Robbins, Elaine Clausing, Colyn Knudsen, Kathy Potter, Karen Yates, Terry Christensen, Frances Getz, Bonnie Hill, Iva Godfrey, Bill Merrell, Robert Nelson, Brent Francom, Lee Hansen, Hal Wood, Lee Allen, Ann Earl, Steven Peluaga, Linda Johnson, Charlotte Pont, Ben Burkey, DeAnn Hoopes, Don Anderson, Fred Christensen, Ida Fridal, Maxine Boots, Artell Brailsford, Carol Davis, Ralph Abel, Jasper Shaffer, Ward Taylor, Ruby Didericksen, Frank Nish, Allan Sutch, Grace Vanderhoof, James Greer, Linda Kuwana, Peggy Schultz, colleen Richards, Joyce Jones, Beverly Cannon, Helen Decker

**Integrity Home Health & Hospice Game Day with Jeopardy 12:30 May 9<sup>th</sup> multi purpose room**



**HCNU**  
Hospice Care of Northern Utah

2721 N. Hwy. 89  
Suite 200  
Pleasant View, Utah  
84414

Phone: 801-689-3049  
Fax: 801-689-3045  
E-mail address:  
hcnu@hcnutah.com

May 10 Managing Medications in the Home

6:30-7:30pm Please RSVP

May 24 Bereavement Group

Benefit from the company and support of others  
Learn coping skills that can be used daily to assist  
with grief and loss

6:30-7:30pm Please RSVP

Free to the Public! Please call our office with questions or  
to RSVP!

Check us out on Facebook! We now have a page under  
HCNU Hospice!

All classes are at our offices in Pleasant Vies



**Encompass (Alpine)  
Home Care & Hospice**

**435-734-1300**

**Lunch & Learn with Abbey- 12:15**

**April 4, 2012**

**Red Cross Blood Drive**

Monday, June 4, 2012

2:00 pm – 7:00 pm

To Schedule your appointment

call us, 435-257-9455

**Don't forget !!!**

**Rudd Funeral Home sponsors**

**lunch, on the third Thursday,**

**May 17<sup>th</sup> at 12:00 noon.**

**Please call to make your**

**Reservation. Make sure you tell**

**Joe Hi!**

## **Data Breach Expands to Include More Victims**

(Salt Lake City, UT) – The Utah Department of Technology Services (DTS), along with the Utah Department of Health (UDOH) today announced up to 255,000 additional people had their Social Security numbers listed in data stolen by thieves from a computer server last week. These latest victims are people whose information was sent to the state by their health care provider in a transaction called a Medicaid Eligibility Inquiry to determine their status as possible Medicaid recipients.

The victims are likely to be people who have visited a health care provider in the past four months. Some may be Medicaid or CHIP recipients; others are individuals whose health care providers were unsure as to their status as Medicaid recipients.

DTS has started the process of identifying these additional victims, and the state will be sending letters directly to them as they are identified. Some of the 255,000 Social Security numbers were not accompanied by any other identifying information (such as names and addresses), so DTS will likely need to coordinate with other agencies to identify and notify these individuals.

Victims who had their SSNs stolen will receive one year of free credit monitoring services. There are additional steps anybody can take to help protect their identity and their financial information. This includes placing either a freeze or a fraud alert on their personal credit file with the nation's three credit bureaus. For information on how to do this, visit <http://idtheft.utah.gov>.

As many as 350,000 additional people may have had other, less-sensitive information, such as their names, birth dates, and addresses accessed through eligibility inquiries. These people will also receive a letter alerting them to the situation. However, priority will be placed on alerting those who had their Social Security numbers stolen first.

It is now believed that a total of approximately 280,000 victims had their Social Security numbers stolen and approximately 500,000 other victims had less-sensitive personal information stolen. Possible victims should be aware that nobody from DTS or UDOH will be contacting them and asking for personal information over the phone or via e-mail regarding this incident. Scammers may attempt to reach victims in this manner. We strongly recommend that people do not provide private information in response to telephone or e-mail contacts they have not initiated.

The data breach initially occurred on Friday, March 30. A configuration error occurred at the password authentication level, allowing the hacker to circumvent DTS's security system. DTS has processes in place to ensure the state's data is secure, but this particular server was not configured according to normal procedure. DTS has identified where the breakdown occurred and has implemented new processes to ensure this type of breach will not happen again.

DTS is cooperating with local law enforcement, as well as the FBI, on a criminal investigation. Medicaid clients can call 1-855-238-3339 to find out if their information was compromised during the attack. Additional information can also be found online at [www.health.utah.gov/databreach](http://www.health.utah.gov/databreach).

Please check if you have been to any hospital or doctor in the last four months.

HAPPY Mother's DAY

May



Monday	Tuesday	Wednesday	Thursday	Friday
Meal cost: \$2.75 Menu subject to change. Please call and reserve you seat 257-9455	1 Tuna Casserole Juice Bread Green Salad Mixed Vegetable Peach Cobbler	2 Tater tot Casserole Peas Cottage cheese/Pear Oatraegous Cookie	3 <b>CLOSED</b> For Staff Inservice Training	4 Lemon Pepper Chicken Rice Mixed Vegetables Tropical Fruit Cup Roll Surprise Cake
7 Chicken Fried Steak Peas Potato/gravy Working Girl Salad Juice Bread Pineapple Up-side Down Cake	8 Green Bean Casserole Carrots Juice Applesauce Tapioca Pudding	9 Hoagie Sandwich Macaroni Salad Fruit Juice Peanut Butter Pie	10 Chow Mein Rice Chinese Salad Eggroll Pumpkin Dessert Fortune Cookie	11 Ham Potato Bake Mixed Vegetables Coconut Salad Roll Applesauce Cake
14 Sloppy Joe Cabbage Pasta Salad Juice Apple Crisp	15 Chicken Pot Pie Green Beans Broccoli Salad Lemon Bars Bread Juice	16 Beef Enchilada Green Salad Mexican Veggies Juice 7 Layer Cookie	17 Chicken Pillow Pistachio Salad Mixed Vegetables Juice Banana Cake	18 Turkey Roast Stuffing/ Gravy Carrots Roll Ambrosia Salad Ice Cream - Out Root Beer Float in
21 Chicken Salad Fruit Roll Robert Redford Cake	22 Stroganoff Noodles Mixed Vegetables Fruit Cup Juice Raisin Cookie	23 Cod Potato Bake Peas & Carrots Coleslaw Juice Cherry Cobbler	24 Tamale Pie Green Beans Cornbread Jell-O Salad Blueberry Bars	25 Pork Roast Potatoes/gravy Mixed Vegetables Jell-O Salad Roll German Chocolate Upside down cake
28 <b>CLOSED</b> <b>MEMORIAL</b> <b>DAY</b>	29 Spaghetti Garlic Bread Green Salad Green Beans Brownies	30 Chicken Broccoli Casserole Mixed Vegetables Waldorf Salad Carrot Cake	31 HOME DELIVERED MEALS or TAKE OUT-NO CONGREGATE MEAL Taco Soup Cornbread Fruit Salad Rice Krispie treat	June 1: Turkey Steak Potatoes/gravy Peas& Carrots Pistachio Salad Rolls

DID YOU KNOW in the 1800's...local laws forbade the sale of soda on the Sabbath. So to attract the Sunday crowd...ice cream parlors started serving ice cream and fruit concoctions without soda. The people started calling the concoctions Sundays. Later the parlor's change the word's spelling from **Sunday** to **Sundae** ... in hopes to change the desserts image. They wanted it to be thought of as an everyday treat... Not just on Sundays. Have a nice-ice cream Sundae, today.

