

# SENIOR ..... ...MOMENTS

Volume 5 Issue 12 December



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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BILLIARDS	QUILTING EVERY DAY	Sitting Exercises daily 10:30am	1 Civic Club 4:00	2 Odell Summers 11:45 CNS Blood Pressure 12:30
5 Better Hearing County DUP 1:00 WWW 12-1 Weight Watchers 5	6 Reflections 4-7	7 Last day for Medicare Changes B&B 9:30 Heat Assistance 9-3 Call for app. Essential Oil Christmas Party 6:30	8 Reflections 4:00 Self Essentials 6:30	9 Westernaires 11:30 CNS Wrap 2 gifts free 12:30
12 HCNU Lunch & Learn Garland DUP WWW 12-1 Weight Watchers 5	13 Quilt Guild 9:30	14 B&B 9:30 Heat Assistance 9-3 PrimRose sponsors lunch. Please make Reservation .	15 Rudd Funeral Home sponsors lunch. Please make Reservation Civic Club 7:00 Reflections 4:00 Am. Legion 6:30	16 Christmas Dinner Please Make your Reservations Afton Lovell Program CNS blood pressure 12:30
19 WWW 12-1 Midland DUP 1:00 Stagecoach DUP 12:30 Weight Watchers 5	20	21 RED CROSS BLOOD DRIVE 11-5:30 Chuck -A-Rama Day	22 Senior Center White Elephant Christmas party 10:30 Best Friends 11:30	23 No Congregate Meal Close AT 12:00 pm Merry Christmas
26 CLOSED	27 CLOSED  HEAT Assistance is available for those that qualify. If you are home-bound or receive Meals on Wheels, call us and we will come to you to help with the paperwork. 257-9455.	28 CLOSED	29 CLOSED	30 CLOSED SEE YOU NEXT YEAR. January 3 <sup>rd</sup> .

God gave us memory so that we might have roses in December. ~ James M Barrie

How did it get so late so soon? It's night before its afternoon. December is here before it June. My goodness how time has flown. How did it get so late so soon. ~ Dr. Seuss